



QUALIFICATION FILE

Naturopathy Assistant

Short Term Training (STT) Long Term Training (LTT) Apprenticeship
 Upskilling Dual/Flexi Qualification For ToT For ToA

General Multi-skill (MS) Cross Sectoral (CS) Future Skills OEM

NCrF/NSQF Level: 3

Submitted By:

Healthcare Sector Skill Council

Office No. 520-521, 5th Floor, DLF Tower A, Jasola, New Delhi - 110025, India

Table of Contents

Section 1: Basic Details.....	3
Section 2: Module Summary	6
NOS/s of Qualifications	6
Mandatory NOS/s:	6
Elective NOS/s:	7
Optional NOS/s:.....	7
Assessment - Minimum Qualifying Percentage	8
Section 3: Training Related	9
Section 4: Assessment Related	9
Section 5: Evidence of the need for the Qualification	10
Section 6: Annexure & Supporting Documents Check List.....	10
Annexure: Evidence of Level.....	11
Annexure: Tools and Equipment (Lab Set-Up)	13
Annexure: Industry Validations Summary	14
Annexure: Training & Employment Details	16
Annexure: Blended Learning	17
Annexure: Detailed Assessment Criteria	17
Annexure: Assessment Strategy	23
Annexure: Acronym and Glossary.....	24

Section 1: Basic Details

1.	Qualification Name	Naturopathy Assistant																	
2.	Sector/s	Healthcare																	
3.	Type of Qualification: <input checked="" type="checkbox"/> New <input type="checkbox"/> Revised <input type="checkbox"/> Has Electives/Options <input type="checkbox"/> OEM	NQR Code & version of existing/previous qualification: <i>(change to previous, once approved)</i>	Qualification Name of existing/previous version:																
4.	a. OEM Name b. Qualification Name <i>(Wherever applicable)</i>																		
5.	National Qualification Register (NQR) Code &Version <i>(Will be issued after NSQC approval)</i>	QG-03-HE-01020-2023-V1-HSSC, V1.0	6. NCrF/NSQF Level: 3																
7.	Award (Certificate/Diploma/Advance Diploma/ Any Other <i>(Wherever applicable specify multiple entry/exits also & provide details in annexure)</i>	Skill Certificate																	
8.	Brief Description of the Qualification	The individuals in this job are trained to assist for a safe and competent Naturopathy Therapy as an Assistant. These professionals will work under the guidance and supervision of a registered Yoga & Naturopathy therapist.																	
9.	Eligibility Criteria for Entry for Student/Trainee/Learner/Employee	a. Entry Qualification & Relevant Experience: <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;">S. No.</th> <th style="width: 60%;">Academic/Skill Qualification (with Specialization - if applicable)</th> <th style="width: 30%;">Required Experience (with Specialization - if applicable)</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>•Grade 10 pass</td> <td></td> </tr> <tr> <td>2</td> <td>Class 8th Pass</td> <td>with 2 years of relevant experience</td> </tr> <tr> <td>3</td> <td>Grade 8 pass and pursuing continuous schooling in regular school with vocational subject</td> <td></td> </tr> <tr> <td>4</td> <td>Previous relevant qualification of NSQF Level 2.5</td> <td>with 1.5 years of relevant experience</td> </tr> </tbody> </table>			S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)	1	•Grade 10 pass		2	Class 8th Pass	with 2 years of relevant experience	3	Grade 8 pass and pursuing continuous schooling in regular school with vocational subject		4	Previous relevant qualification of NSQF Level 2.5	with 1.5 years of relevant experience
S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)																	
1	•Grade 10 pass																		
2	Class 8th Pass	with 2 years of relevant experience																	
3	Grade 8 pass and pursuing continuous schooling in regular school with vocational subject																		
4	Previous relevant qualification of NSQF Level 2.5	with 1.5 years of relevant experience																	
		b. Age: 18 years																	

10.	Credits Assigned to this Qualification, Subject to Assessment (as per National Credit Framework (NCrF))	16	11. Common Cost Norm Category (I/II/III) (wherever applicable): Category II																					
12.	Any Licensing requirements for Undertaking Training on This Qualification (wherever applicable)	Not Applicable																						
13.	Training Duration by Modes of Training Delivery (Specify Total Duration as per selected training delivery modes and as per requirement of the qualification)	<input checked="" type="checkbox"/> Offline <input type="checkbox"/> Online <input type="checkbox"/> Blended <table border="1" data-bbox="981 432 1912 627"> <thead> <tr> <th>Training Delivery Modes</th> <th>Theory (Hours)</th> <th>Practical (Hours)</th> <th>OJT Mandatory (Hours)</th> <th>OJT Recommended (Hours)</th> <th>Total (Hours)</th> </tr> </thead> <tbody> <tr> <td>Classroom (offline)</td> <td>150</td> <td>180</td> <td>150</td> <td>NA</td> <td>480</td> </tr> <tr> <td>Online</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> (Refer Blended Learning Annexure for details)					Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)	Classroom (offline)	150	180	150	NA	480	Online					
Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)																			
Classroom (offline)	150	180	150	NA	480																			
Online																								
14.	Aligned to NCO/ISCO Code/s (if no code is available mention the same)	NCO/2015/2269.0100																						
15.	Progression path after attaining the qualification (Please show Professional and Academic progression)	Horizontal Progression: NSQF level 3 Assistant Yoga Instructor , Ayurveda Masseur, Garbhini Rakshaka Vertical Progression: NSQF Level 4 Hospital Front Desk Coordinator																						
16.	Other Indian languages in which the Qualification & Model Curriculum are being submitted	Hindi																						
17.	Is similar Qualification(s) available on NQR-if yes, justification for this qualification	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No URLs of similar Qualifications:																						
18.	Is the Job Role Amenable to Persons with Disability	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "Yes", specify applicable type of Disability: All types of disability																						
19.	How Participation of Women will be Encouraged	Healthcare is a field where equal opportunity and participation of women is being given as patients could belong to all genders.																						
20.	Are Greening/ Environment Sustainability Aspects Covered (Specify the NOS/Module which covers it)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No																						
21.	Is Qualification Suitable to be Offered in Schools/Colleges	Schools <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No Colleges <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No																						
22.	Name and Contact Details of Submitting / Awarding Body SPOC (In case of CS or MS, provide details of both Lead AB & Supporting ABs)	Name: Mr. Ashish Jain Email: ashish.jain@healthcare-ssc.in Contact No.: 011-40505850,011 41017346 Website: www.healthcare-ssc.in																						

23.	Final Approval Date by NSQC: 29/09/2023	24. Validity Duration: 3 years	25. Next Review Date: 29/09/2026
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Section 2: Module Summary

NOS/s of Qualifications

(In exceptional cases these could be described as components)

Mandatory NOS/s:

Specify the training duration and assessment criteria at NOS/ Module level. For further details refer curriculum document.

Th.-Theory **Pr.**-Practical **OJT**-On the Job **Man.**-Mandatory Training **Rec.**-Recommended **Proj.**-Project

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	Bridge Module	Ver 1.0	Core	3	1	15	15	0	0	30	0	0	0	0	0	0
2.	Carry out Pre procedural requirements of Naturopathic procedures	HSS/N3615, Ver 1.0	Core	3	3	30	30	30	0	90	55	40	30	30	155	10
3.	Carry out Hydrotherapy procedure as per prescription	HSS/N3616, Ver 1.0	Core	3	2	10	30	20	0	60	50	40	30	30	150	10
4.	Carry out Mud therapy procedure as per prescription	HSS/N3617, Ver 1.0	Core	3	2	10	30	20	0	60	52	40	30	35	157	15
5.	Carry out Magneto/Chromo therapy as per prescription	HSS/N3618, Ver 1.0	Core	3	2.5	15	30	30	0	75	55	50	30	40	175	15
6.	Carry out Acupressure/ Massage	HSS/N3619, Ver 1.0	Core	3	3	30	30	30	0	90	93	70	30	38	231	20

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks						
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)	
	procedure as per prescription																
7.	Maintain interpersonal relationships and professional conduct	HSS/N9625, V2.0	Non-Core	4	0.5	5	5	5	0	15	15	20	0	17	52	10	
8.	Maintain a safe and secure working environment	HSS/N9624, V2.0	Non-Core	4	1	5	10	15	0	30	10	10	0	10	30	10	
9.	DGT/VSQ/N0101 Employability Skills (30 Hours)	DGT/VSQ/N0101 Version 1.0	Non-Core	2	1	30	0	0	0	30	20	30	0	0	50	10	
Duration (in Hours) / Total Marks						16	150	180	150	0	480	350	300	150	200	1000	100

Elective NOS/s:

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.																
2.																
Duration (in Hours) / Total Marks																

Optional NOS/s:

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.																

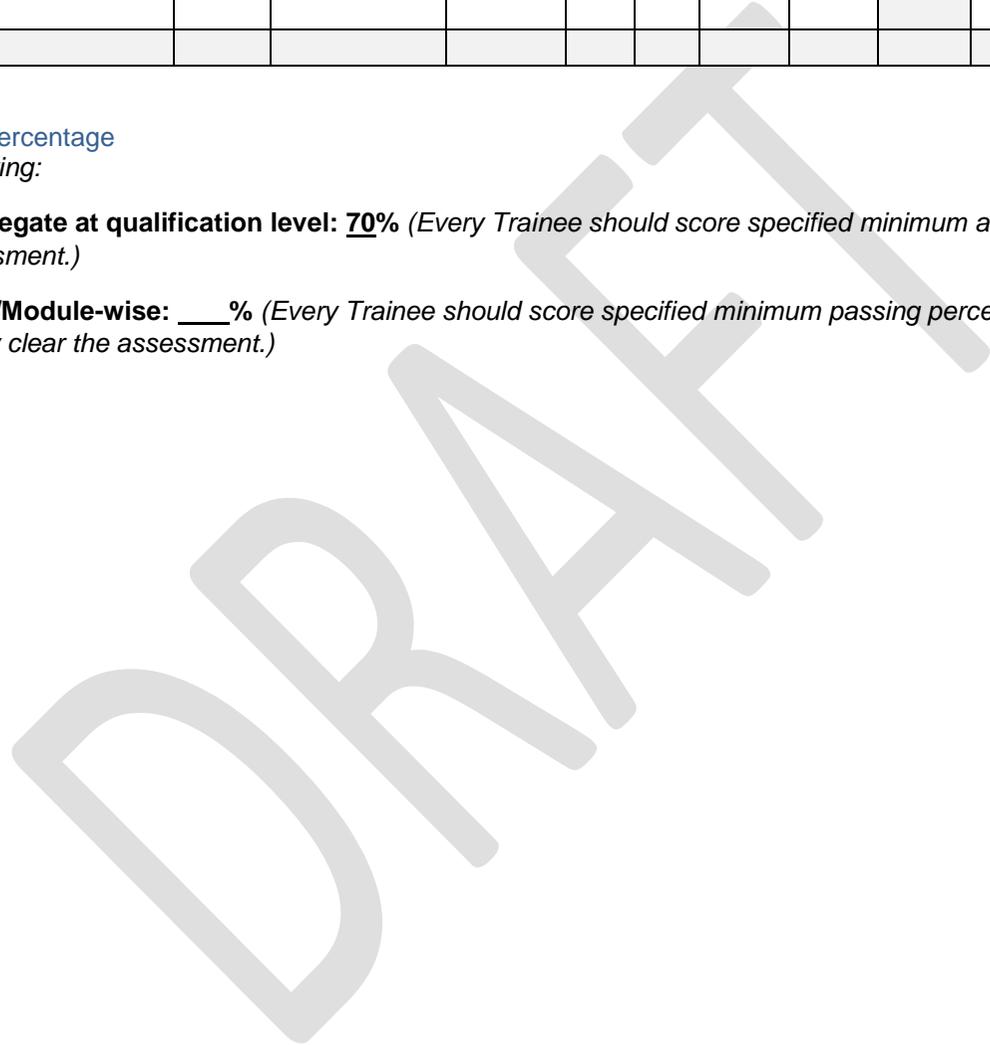
S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
2.																
Duration (in Hours) / Total Marks																

Assessment - Minimum Qualifying Percentage

Please specify **any one** of the following:

Minimum Pass Percentage – Aggregate at qualification level: 70% (Every Trainee should score specified minimum aggregate passing percentage at qualification level to successfully clear the assessment.)

Minimum Pass Percentage – NOS/Module-wise: ____% (Every Trainee should score specified minimum passing percentage in each mandatory and selected elective NOS/Module to successfully clear the assessment.)



Section 3: Training Related

1.	Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	Bachelor's in yoga & Naturopathy (BNYS) sciences from any UGC recognized University with 3 year experience Or Diploma in Naturopathy (ND) from any UGC recognized University in any Board/Council with 4 years of experience
2.	Master Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	Bachelors in yoga & Naturopathy (BNYS) sciences from any UGC recognized University with 4 year experience Or Diploma in Naturopathy (ND) with from any UGC recognized University in any Board/Council with 5 years of experience
3.	Tools and Equipment Required for Training	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (If "Yes", details to be provided in Annexure)
4.	In Case of Revised Qualification, Details of Any Upskilling Required for Trainer	

Section 4: Assessment Related

1.	Assessor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	Bachelor's in yoga & Naturopathy (BNYS) sciences from any UGC recognized University with 5 year experience Or Diploma in Naturopathy (ND) with 5 years of experience from any UGC recognized University in any Board/Council
2.	Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	Diploma/Graduate
3.	Lead Assessor's/Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	Bachelor's in yoga & Naturopathy (BNYS) sciences from any UGC recognized University with 5 year experience Or Diploma in Naturopathy (ND) with 5 years of experience from any UGC recognized University in any Board/Council
4.	Assessment Mode (Specify the assessment mode)	Blended (Theory: Online, Practical and Viva: Blended)
5.	Tools and Equipment Required for Assessment	<input checked="" type="checkbox"/> Same as for training <input type="checkbox"/> Yes <input type="checkbox"/> No (details to be provided in Annexure-if it is different for Assessment)

Section 5: Evidence of the need for the Qualification

Provide Annexure/Supporting documents name.

1.	Latest Skill Gap Study (not older than 2 years) (Yes/No): No
2.	Latest Market Research Reports or any other source (not older than 2 years) (Yes/No): No
3.	Government /Industry initiatives/ requirement (Yes/No): Yes
4.	Number of Industry validation provided: 53
5.	Estimated nos. of persons to be trained and employed: 1000
6.	Evidence of Concurrence/Consultation with Line Ministry/State Departments: Yes If "No", why:

Section 6: Annexure & Supporting Documents Check List

Specify Annexure Name / Supporting document file name

1.	Annexure: NCrf/NSQF level justification based on NCrf level/NSQF descriptors <i>(Mandatory)</i>	Yes
2.	Annexure: List of tools and equipment relevant for qualification <i>(Mandatory, except in case of online course)</i>	Yes
3.	Annexure: Detailed Assessment Criteria <i>(Mandatory)</i>	Yes
4.	Annexure: Assessment Strategy <i>(Mandatory)</i>	Yes
5.	Annexure: Blended Learning <i>(Mandatory, in case selected Mode of delivery is "Blended Learning")</i>	No
6.	Annexure: Multiple Entry-Exit Details <i>(Mandatory, in case qualification has multiple Entry-Exit)</i>	No
7.	Annexure: Acronym and Glossary <i>(Optional)</i>	Yes
8.	Supporting Document: Model Curriculum <i>(Mandatory – Public view)</i>	Yes
9.	Supporting Document: Career Progression <i>(Mandatory - Public view)</i>	Yes
10.	Supporting Document: Occupational Map <i>(Mandatory)</i>	Yes
11.	Supporting Document: Assessment SOP <i>(Mandatory)</i>	Yes
12.	Any other document you wish to submit:	

Annexure: Evidence of Level

NCrF/NSQF Level Descriptors	Key requirements of the job role/ outcome of the qualification	How the job role/ outcomes relate to the NCrF/NSQF level descriptor	NCrF/NSQF Level
<p>Professional Theoretical Knowledge/Process</p>	<p>Work in familiar, predictable, routine, situation of clear choice.</p> <ul style="list-style-type: none"> • The individual help maintain a suitable healthy environment. • They would maintain interpersonal relationships with others. • They would maintain professional conduct at all times. • They understand the concept and fundamental principles of Naturopathy • They apply skills and knowledges to support for conduct of Naturopathy Procedures • Maintain personal hygiene, grooming, and personal behavior in accordance with the organization’s standards. 	<p>The individual in the job possesses knowledge involving a defined range of standard procedures employed in routine contexts Hence it falls Level 3</p>	<p>3</p>
<p>Professional and Technical Skills/ Expertise/ Professional Knowledge</p>	<p>Factual knowledge of field of knowledge or study.</p> <ul style="list-style-type: none"> • Understand the concept fundamental principles of Ayush and Naturopathy • Understand the concept fundamental principles of Naturopathy • Discuss the significance of naturopathy practices for healthy living. • Explain the concept of Massage therapy, Hydrotherapy, Mud therapy, Magneto therapy. • Explain the concept of Chromotherapy, Acupressure, Diet and Nutrition. • Explain the concept of Yoga and Meditation in Naturopathy • Explain the benefits of naturopathy in prevention and management of lifestyle disorders. 	<p>The individual in the job follows a range of skills and technical capabilities of carrying out a choice of processes and procedures within the range of familiar contexts. Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	<p>3</p>

<p>Employment Readiness & Entrepreneurship Skills & Mind-set/Professional Skill</p>	<p>Recall and demonstrate practical skill, routine and repetitive in narrow range of application, using appropriate rule and tool, using quality concept</p> <ul style="list-style-type: none"> • Demonstrate his practical skill, as per the scope of the job role, using appropriate tool, quality concepts, responsible for carrying out range of activities, requiring either laid down approach or may adopt alternative approaches as per the best evidenced practices. 	<p>The individual should have practical skills which are routine and repetitive and should use quality concepts.</p> <p>These professionals work as a member of a team/ within a team. They display self Motivation, Positive Attitude & Passion for Work .</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	<p>3</p>
<p>Broad Learning Outcomes/Core Skill</p>	<p>Language to communicate written or oral, with required clarity</p> <ul style="list-style-type: none"> • Essential attributes of individual is to record the completion of the procedure with relevant details by marking the template. • Read the instructions to follow and cross check in case of any clarifications • Answer questions which requires communication skills (written or oral) with required clarity and indicates that he/she should have the basic understanding of social, political and natural environment. 	<p>The candidate in this roles are skilled to be able to carry out assigned tasks in a familiar, predictable, routine, situation of clear choice.</p> <p>These professionals focus on range of application of standard procedures in range of services.</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	<p>3</p>
<p>Responsibility</p>	<p>Responsibility for own work and learning.</p> <ul style="list-style-type: none"> • The individual help maintain a suitable healthy environment. • Assist in arranging tools, equipments and consumables for naturopathy procedures • Understanding different kinds of naturopathic procedure • Understanding the post-procedure requirements of procedure • Prepare the work area to ensure the efficiency and effectiveness of the outcome. 	<p>These professional takes responsibility for own work</p> <p>Refer to the evidences provided in the adjacent column. Hence it falls under Level 3</p>	<p>3</p>

	<ul style="list-style-type: none"> • They would maintain interpersonal relationships with others. • They would maintain professional conduct at all times. • They would maintain a safe, healthy, and secure working environment. • They would follow infection control and sanitization policies and procedures as per sectoral work requirements. • They would segregate and dispose of waste disposal according to the SOPs 		
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Annexure: Tools and Equipment (Lab Set-Up)

List of Tools and Equipment
Batch Size: 20

S. No.	Tool / Equipment Name	Specification	Quantity for specified Batch size
1	Massage Table	Unit	2
2	Steam Bath	Unit	2
3	Hip Bath	Unit	2
4	Spinal Bath/Spinal Spray	Unit	2
5	Enema	Unit	2
6	Packs and Compress	Unit	2
7	Acupressure Implements	Unit	2
8	Permanent/Electromagnets	Unit	2
9	Chromotherapy Implements	Unit	1
10	3Dmodel of Human body and organs	Unit	1
11	Model Human Skeletal System	Unit	1
12	CPR Nursing Manikin	Unit	1
13	Full Body Manikin	Unit	1
14	Sink with water inlet	Unit	2
15	Liquid soap	Unit	2
16	Handwashing poster	Unit	2
17	Paper towel	Box	2

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18	Fire extinguisher	Unit	1
19	Waste Bins	Unit	2
20	Screen Privacy	Unit	5
21	Mud and Mud pack tray Requirements and Equipments	Unit	
22	Couch/Bed	Unit	1
23	Foot and Arm Bath	Unit	1
24	Essential Oils and Carrier Oils	Unit	2
25	Apron	Box	2
26	Gloves	Box	2
27	Epsom Salt	Unit	2
28	Full Body Immersion Bath Tub	Unit	1
29	Bandage Type – Head, Throat, Hand, Legs, Abdomen and Chest	Unit	2

Classroom Aids

The aids required to conduct sessions in the classroom are:

1. AV Aids
2. Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed)
3. (all software should either be latest version or one/two version below)
4. UPS
5. Scanner cum Printer
6. Computer Tables
7. Computer Chairs
8. LCD Projector
9. White Board/Smart Board 1200mm x 900mm
10. Marker
11. Duster
12. Charts
13. Models
14. Flip Chart

Annexure: Industry Validations Summary

Provide the summary information of all the industry validations in table. This is not required for OEM qualifications.

Organizations	Name of the representative	Designation
Greenwoods Center for Healthcare and Rehabilitation	DR M Sarju	Director
SBPASS Holistic Therapies	Dr A.K Jain.	President
Unlimited Ayurveda	Dr Mohd Aseem	Medical officee
Samar Clinic	Dr Astana	Medical officer
Lifecare medicine	Dr Farheen	Medical officer
Ummat Multi Speciality Ayurvedic clinic	Dr. Luqman	Medical officer
Al-Rahman Polyclinic	Dr. Nadeem	Medical officer
Sri. Srinivasa Clinic	Dr. Nagarjun	Medcal officer
Misa Health Care	Dr. Nikhath	Medical officer
Beauty Clinic	Dr. Rupali Sehdev	medical officer
Dr. Seem Al-Reza Clinic	Dr. Seema	Medical officer
Sangam Clinic	Dr. Shamsheergulla	Medical officer
Sunaina Clinic	Dr. Sunaina	Medical officer
Mushrif Wellness Clinic	Dr. Sayed Tanveer	Medical officer
Fiza nature cure centre	Dr Fiza Khan	Medical officer
Rawal fertility centre	Dr Rinku	Medical officer
Soham yoga and naturopathy centre	Dr Palak	Medical officer
Ankitgram research Institute of Yoga and Naturopathy	Dr Manish	Director
Prakriti Arogyam Naturecure	Dr Neha Shrivastava	Doctor
Nature care Nature care centre	Dr Shraddha nimbarak	Consultant
Dixit Nature healers	Dr Dixit	Medical officer
Khair Clinic	Dr soyeb Dhekh	Medical officer
AKD Hollistic therapy centre	Dr Arpan kumar	Consultant
Arogyam Research Institute and Pk centre	Dr Satnam Singh	Medical officer
Heal vibe Naturopathy centre	mr Neelam kanwas Rathore	
Nisargopachar Kendra	Dr. Bharat Shah	Director
Atmantan Wellness Centre	Dr. Manoj kutteri	Director and Ceo
Alva's College of Naturopathy & Yogic Sciences	Dr Vanitha Shetty	Principal
Maharishi Aurobindo Subharti College and Hospital	Dr. Abhay M. Shankere Gowda	Principal and dean
Nisargopchar Ashram	Dr. Abhishek	Principal and Dean

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Annexure: Training & Employment Details

Training and Employment Projections:

Year	Total Candidates		Women		People with Disability	
	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities
2023	100	70				
2024	200	140				
2025	300	210				
2026	400	280				

Data to be provided year-wise for next 3 years

Training, Assessment, Certification, and Placement Data for previous versions of qualifications:

Qualification Version	Year	Total Candidates				Women				People with Disability			
		Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed
NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA

Applicable for revised qualifications only, data to be provided year-wise for past 3 years.

List Schemes in which the previous version of Qualification was implemented:

- 1.
- 2.

Content availability for previous versions of qualifications:

Participant Handbook Facilitator Guide Digital Content Qualification Handbook Any Other:

Languages in which Content is available:

Annexure: Blended Learning

Blended Learning Estimated Ratio & Recommended Tools:

Refer NCVET “Guidelines for Blended Learning for Vocational Education, Training & Skilling” available on:

<https://ncvet.gov.in/sites/default/files/Guidelines%20for%20Blended%20Learning%20for%20Vocational%20Education,%20Training%20&%20Skilling.pdf>

S. No.	Select the Components of the Qualification	List Recommended Tools – for all Selected Components	Offline : Online Ratio
1	<input type="checkbox"/> Theory/ Lectures - Imparting theoretical and conceptual knowledge		
2	<input checked="" type="checkbox"/> Imparting Soft Skills, Life Skills, and Employability Skills /Mentorship to Learners	Learning Management Solution	50:50
3	<input type="checkbox"/> Showing Practical Demonstrations to the learners		
4	<input type="checkbox"/> Imparting Practical Hands-on Skills/ Lab Work/ workshop/ shop floor training		
5	<input type="checkbox"/> Tutorials/ Assignments/ Drill/ Practice		
6	<input checked="" type="checkbox"/> Proctored Monitoring/ Assessment/ Evaluation/ Examinations	Theory component shall be assessed leveraging blended approach	30:70
7	<input type="checkbox"/> On the Job Training (OJT)/ Project Work Internship/ Apprenticeship Training		

Annexure: Detailed Assessment Criteria

Detailed assessment criteria for each NOS/Module are as follows:

NOS/Module Name	Assessment Criteria for Performance Criteria/Learning Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks
HSS/N3615: Carry out Pre procedural requirements of Naturopathic procedures.	<i>The pre procedural requirements Naturopathy procedures</i>	55	30	30	40	155
	PC1. wear Personal Protective Equipment (PPE)					
	PC2. maintain conducive ambience, environment and cleanliness in the set up					
	PC3. introduce oneself to the client and communicate in a way to reflect gender sensitivity					

	PC4. empathize with Persons with Disability (PWD)					
	PC5. encourage the client to ask questions, seek advice and express any concerns					
	PC6. maintain client's privacy and respect client boundaries at all times					
	PC7. ensure that personal articles of the individual are taken, recorded and kept secured as per organizational policies.					
	PC8. assist client for basic of Yoga posture and Meditation techniques required for prescribed naturopathy procedure					
	PC9. assist client in maintaining position for required naturopathy procedure as per the instructions					
	PC10. collect equipment and materials required for procedure as per the prescription					
	PC11. seek help and support from therapist in case needed					
	PC12. inform to appropriate authority/therapist in case of any concern arise during procedure					
	Nos Total	55	30	30	40	155
HSS/N3616: Carry out Hydrotherapy procedure as per prescription	<i>Hydrotherapy Procedure</i>	50	30	30	40	150
	PC1. to check with client about compliance with prerequisites of therapy such as clear bowel, empty stomach					
	PC2. inform therapist about client's preparedness					
	PC3. collect equipment and materials required for hydrotherapy procedure					
	PC4. assist for hot and cold hydrotherapy procedure as per prescription					
	PC5. check for water temperature, duration and frequency					
	PC6. assist client in maintaining position for hydrotherapy procedure as per the instructions					
	PC7. assist for smooth conduct of hydrotherapy procedure					
	PC8. provide clear and accurate information with regard to any relevant aftercare and self-care					
	PC9. complete and maintain records in accordance with professional and legal requirements					

	PC10. inform to appropriate authority/therapist in case of any concern arise during procedure					
	Nos Total	50	30	30	40	150
HSS/N3617: Carry out Mud Therapy procedure as per prescription	<i>Mud Therapy Procedure</i>	52	35	30	40	157
	PC1. to check with client about compliance with pre requisites of mud therapy such as consent before procedure					
	PC2. maintain patient privacy					
	PC3. inform therapist about client's preparedness					
	PC4. collect equipment and materials required for Mud Therapy procedure					
	PC5. check for quality and properties of mud before therapy					
	PC6. assist client in maintaining position as mentioned in prescription					
	PC7. assist for smooth conduct of Mud Therapy					
	PC8. provide clear and accurate information with regard to any relevant aftercare and self-care					
	PC9. complete and maintain records in accordance with professional and legal requirements					
	PC10. inform to appropriate authority/therapist in case of any concern arise during procedure					
	Nos Total	52	35	30	40	157
HSS/N3619: Carry out Acupressure/massage procedure as per prescription	<i>Acupressure Procedure</i>	40	18	30	40	128
	PC1. collect equipment and materials required for procedure					
	PC2. assist client in maintaining position for Acupressure procedure as per the instructions					
	PC3. identify the acupressure point using a reliable acupressure chart or as per the prescription					
	PC4. maintain self positioning					
	PC5. apply firm pressure to the acupressure point using your fingers or a specialized acupressure tool. Use circular motions or steady pressure					
	PC6. apply pressure for 1-2 minutes, or until the client feel a release of tension or a decrease in pain or discomfort					

	PC7. release the pressure and ask client to take deep breaths to allow the body to adjust.					
	PC8. inform to appropriate authority/therapist in case of any concern arise during procedure					
	PC9. provide clear and accurate information with regard to any relevant aftercare and self-care					
	PC10. complete and maintain records in accordance with professional					
	<i>Naturopathic Massage</i>	53	20		30	103
	PC11. maintain client privacy and respect client boundaries at all times					
	PC12. drape client to expose only the part of the body being worked on					
	PC13. apply massage techniques according to orders and prescriptions					
	PC14. make appropriate adjustments during massage to meet any changing needs					
	PC15. appropriately utilize massage mediums, coverings and supports as and when required					
	PC16. seek client feedback on comfort levels					
	PC17. check the client's well-being throughout and give reassurance where needed					
	PC18. clean the client after massage of any excess oil etc and provide clean clothes to the client as per organizational policies					
	PC19. handover personal belongings to the client as per organizational policies and procedures					
	Nos Total	93	38	30	70	231
HSS/N3618: Carry out Magneto Therapy/ Chromo therapy procedure as per prescription	<i>Magneto/ chromo Therapy Procedure</i>	55				
	PC1. maintain client's privacy		40	30	50	175
	PC2. inform therapist about client's preparedness					
	PC3. Collect equipment and materials as per the prescription					
	PC4. assist client in maintaining position as mentioned in prescription					

	PC5. provide clear and accurate information with regard to any relevant aftercare and self-care					
	PC6. check, record and monitor vital signs like Blood pressure, pulse and temperature during the process					
	PC7. complete and maintain records in accordance with professional and legal requirements					
	PC8. assist the client for next follow up for therapy					
	Nos Total	55	40	30	50	175
HSS/N9624 : Maintain a safe and secure working environment	<i>Workplace safety and security</i>	10	10		10	30
	PC1. identify potential hazards of safe work practices					
	PC2. use various hospital codes for emergency situations					
	PC3. comply with safety, and security procedures within the defined scope of competence and authority					
	PC4. provide Basic Life Support (BLS) and first aid whenever applicable under defined scope of work					
	PC5. follow organizations' procedures related to any emergency efficiently					
	PC6. report any identified breaches in health, safety, and security procedures to the designated person					
	PC7. complete any health and safety records accurately					
	Nos Total	10	10	0	10	30
HSS/N9625 : Maintain interpersonal relationships and professional conduct	<i>Maintain professional behavior</i>	15	17		20	52
	PC1. wear appropriate attire					
	PC2. communicate effectively with all individuals regardless of age, caste etc.					
	PC3. adopt a gender neutral behaviour while communicating with the patient and others as per organizational policy					
	PC4. use appropriate IEC material as and when necessary					
	PC5. respond to queries as per defined scope of competence and authority					
	PC6. maintain any records required at the end of the interaction					
	PC7. work collaboratively with other team members					
	PC8. ensure that the privacy of the individual is not intruded					

	PC9. work in a way that shows respect to others					
	Nos Total	15	17	0	20	52
DGT/VSQ/N0101, V1.0, Employability Skills (30 Hours)	<i>Introduction to Employability Skills</i>	1			1	2
	PC1. understand the significance of employability skills in meeting the job requirements					
	<i>Constitutional values – Citizenship</i>	1			1	2
	PC2. identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices					
	<i>Becoming a Professional in the 21st Century</i>	1			3	4
	PC3. explain 21st Century Skills such as Self-Awareness, Behavior Skills, Positive attitude, selfmotivation, problem-solving, creative thinking, time management, social and cultural awareness, emotional awareness, continuous learning mindset etc.					
	<i>Basic English Skills</i>	2			3	5
	PC4. speak with others using some basic English phrases or sentences					
	<i>Communication Skills</i>	1			1	2
	PC5. follow good manners while communicating with others					
	PC6. work with others in a team					
	<i>Diversity & Inclusion</i>	1			1	2
	PC7. communicate and behave appropriately with all genders and PwD					
	PC8. report any issues related to sexual harassment					
	<i>Financial and Legal Literacy</i>	3			4	7
	PC9. use various financial products and services safely and securely					
PC10. calculate income, expenses, savings etc.						
PC11. approach the concerned authorities for any exploitation as per legal rights and laws						
<i>Essential Digital Skills</i>	4			6	10	
PC12. operate digital devices and use its features and applications securely and safely						

	PC13. use internet and social media platforms securely and safely					
	<i>Entrepreneurship</i>	3			5	8
	PC14. identify and assess opportunities for potential business					
	PC15. identify sources for arranging money and associated financial and legal challenges					
	<i>Customer Service</i>	2			2	4
	PC16. identify different types of customers					
	PC17. identify customer needs and address them appropriately					
	PC18. follow appropriate hygiene and grooming standards					
	<i>Getting ready for apprenticeship & Jobs</i>	1			3	4
	PC19. create a basic biodata					
	PC20. search for suitable jobs and apply					
	PC21. identify and register apprenticeship opportunities as per requirement					
	NOS Total	20	0	0	30	50
	Grand Total	350	200	150	300	1000

Annexure: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the Candidate on the required competencies of the program.

Mention the detailed assessment strategy in the provided template.

<1. Assessment System Overview:

- Batches assigned to the assessment agencies for conducting the assessment on SIP or email
- Assessment agencies send the assessment confirmation to VTP/TC looping SSC
- Assessment agency deploys the ToA certified Assessor for executing the assessment
- SSC monitors the assessment process & records

2. Testing Environment:

- Check the Assessment location, date and time
- If the batch size is more than 30, then there should be 2 Assessors.
- Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.

3. Assessment Quality Assurance levels/Framework:

- Question bank is created by the Subject Matter Experts (SME) are verified by the other SME

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- Questions are mapped to the specified assessment criteria
 - Assessor must be ToA certified & trainer must be ToT Certified
4. Types of evidence or evidence-gathering protocol:
- Time-stamped & geotagged reporting of the assessor from assessment location
 - Centre photographs with signboards and scheme specific branding
5. Method of verification or validation:
- Surprise visit to the assessment location
6. Method for assessment documentation, archiving, and access
- Hard copies of the documents are stored

Annexure: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
ISCO	International Standard Classification of Occupations
NCO	National Classification of Occupations
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework
OJT	On the Job Training

Glossary

Term	Description
National Occupational Standards (NOS)	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an individual performing that task should know and also do.
Qualification	A formal outcome of an assessment and validation process which is obtained when a competent body determines that an individual has achieved learning outcomes to given standards
Qualification File	A Qualification File is a template designed to capture necessary information of a Qualification from the perspective of NSQF compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
Sector	A grouping of professional activities on the basis of their main economic function, product, service or technology.
Long Term Training	Long-term skilling means any vocational training program undertaken for a year and above. https://ncvet.gov.in/sites/default/files/NCVET.pdf