



## **QUALIFICATION FILE**

**Yoga Therapy Assistant**

**Elective 1: Diabetes Care**

**Elective 2: Palliative Care**

Short Term Training (STT)  Long Term Training (LTT)  Apprenticeship

Upskilling  Dual/Flexi Qualification  For ToT  For ToA

General  Multi-skill (MS)  Cross Sectoral (CS)  Future Skills  OEM

**NCrF/NSQF Level: 4**

**Submitted By:**

**Healthcare Sector Skill Council**

**Office No. 520-521, 5th Floor, DLF Tower A, Jasola, New Delhi - 110025, India**

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## Section 1: Basic Details

1.	<b>Qualification Name</b>	<b>Yoga Therapy Assistant</b> <b>Electives:</b> <b>1: Diabetes Care- 90 Hrs</b> <b>2: Critical Care- 90 Hrs</b>																									
2.	<b>Sector/s</b>	Healthcare Sector Skill Council																									
3.	<b>Type of Qualification:</b> <input type="checkbox"/> New <input type="checkbox"/> Revised <input checked="" type="checkbox"/> Has <b>Electives/Options</b> <input type="checkbox"/> OEM	<b>NQR Code &amp; version of existing/previous qualification:</b> <i>(change to previous, once approved)</i> 2022/HLT/HSSC/06143, V2.0	<b>Qualification Name of existing/previous version:</b> <b>Yoga Therapy Assistant</b> <b>Electives:</b> <b>1: Diabetes Care</b> <b>2: Critical Care</b>																								
4.	<b>a. OEM Name</b> <b>b. Qualification Name</b> <i>(Wherever applicable)</i>																										
5.	<b>National Qualification Register (NQR) Code &amp;Version</b> <i>(Will be issued after NSQC approval)</i>	QG-04-HE-00650-2023-V1.1-HSSC	<b>6. NCrf/NSQF Level:</b> 4																								
7.	<b>Award (Certificate/Diploma/Advance Diploma/ Any Other)</b> <i>(Wherever applicable specify multiple entry/exits also &amp; provide details in annexure)</i>	Skill Certificate																									
8.	<b>Brief Description of the Qualification</b>	Health care professionals who demonstrate and assist to provide yoga therapies to the individuals by creating appropriate and conducive ambience. These professionals follow prescriptions and provides support to individuals before, during and after therapy. They also perform basic administrative functions including record maintenance of day to day activities at work place.																									
9.	<b>Eligibility Criteria for Entry for Student/Trainee/Learner/Employee</b>	<b>a. Entry Qualification &amp; Relevant Experience:</b> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 5%;">S. No.</th> <th style="width: 65%;">Academic/Skill Qualification (with Specialization - if applicable)</th> <th style="width: 30%;">Required Experience (with Specialization - if applicable)</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>12th Grade Pass</td> <td></td> </tr> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>2</td> <td>Completed 2nd year of the 3-year regular diploma after 10th</td> <td></td> </tr> <tr> <td></td> <td>Or</td> <td></td> </tr> <tr> <td>3</td> <td>10th Grade Pass</td> <td>with 2 years relevant experience</td> </tr> <tr> <td></td> <td>Or</td> <td></td> </tr> <tr> <td>4</td> <td>11th Grade pass</td> <td>with 1 year relevant experience</td> </tr> </tbody> </table>		S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)	1	12th Grade Pass			or		2	Completed 2nd year of the 3-year regular diploma after 10th			Or		3	10th Grade Pass	with 2 years relevant experience		Or		4	11th Grade pass	with 1 year relevant experience
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		<table border="1"> <tr> <td></td> <td>or</td> <td></td> </tr> <tr> <td>5</td> <td>Previous relevant Qualification of NSQF Level 3.5</td> <td>with 1.5 year relevant experience</td> </tr> <tr> <td></td> <td>Or</td> <td></td> </tr> <tr> <td>6</td> <td>Previous relevant qualification of NSQF Level 3</td> <td>with 3 year relevant experience</td> </tr> <tr> <td></td> <td>Or</td> <td></td> </tr> <tr> <td>7</td> <td>10th grade pass and pursuing continuous schooling</td> <td></td> </tr> </table> <p>b. Age: &lt;18 Years&gt;</p>		or		5	Previous relevant Qualification of NSQF Level 3.5	with 1.5 year relevant experience		Or		6	Previous relevant qualification of NSQF Level 3	with 3 year relevant experience		Or		7	10th grade pass and pursuing continuous schooling		
	or																				
5	Previous relevant Qualification of NSQF Level 3.5	with 1.5 year relevant experience																			
	Or																				
6	Previous relevant qualification of NSQF Level 3	with 3 year relevant experience																			
	Or																				
7	10th grade pass and pursuing continuous schooling																				
10.	<b>Credits Assigned to this Qualification, Subject to Assessment</b> (as per National Credit Framework (NCrF))	29	11. <b>Common Cost Norm Category (I/II/III)</b> (wherever applicable): II																		
12.	<b>Any Licensing requirements for Undertaking Training on This Qualification</b> (wherever applicable)	Not Applicable																			
13.	<b>Training Duration by Modes of Training Delivery</b> (Specify Total Duration as per selected training delivery modes and as per requirement of the qualification)	<input type="checkbox"/> Offline <input type="checkbox"/> Online <input type="checkbox"/> Blended <table border="1"> <thead> <tr> <th>Training Delivery Modes</th> <th>Theory (Hours)</th> <th>Practical (Hours)</th> <th>OJT Mandatory (Hours)</th> <th>OJT Recommended (Hours)</th> <th>Total (Hours)</th> </tr> </thead> <tbody> <tr> <td>Classroom (offline)</td> <td>360</td> <td>270</td> <td>240</td> <td>NA</td> <td>870</td> </tr> <tr> <td>Online</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> (Refer Blended Learning Annexure for details)		Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)	Classroom (offline)	360	270	240	NA	870	Online					
Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)																
Classroom (offline)	360	270	240	NA	870																
Online																					
14.	<b>Aligned to NCO/ISCO Code/s</b> (if no code is available mention the same)	NCO-2015/2269																			
15.	<b>Progression path after attaining the qualification</b> (Please show Professional and Academic progression)	Progression will be possible in both academic as well as professional area as: Vertical: Level 5: Yoga Wellness Trainer, Trainer, Assessor Progression to Diploma/Degree qualifications in the relevant field after training. (NCAHP)																			
16.	<b>Other Indian languages in which the Qualification &amp; Model Curriculum are being submitted</b>	Hindi																			
17.	<b>Is similar Qualification(s) available on NQR-if yes, justification for this qualification</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No URLs of similar Qualifications:																			
18.	<b>Is the Job Role Amenable to Persons with Disability</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes", specify applicable type of Disability:																			

19.	How Participation of Women will be Encouraged	Healthcare is a field where equal opportunity and participation of women is being given as patients could belong to all genders.	
20.	Are Greening/ Environment Sustainability Aspects Covered <i>(Specify the NOS/Module which covers it)</i>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
21.	Is Qualification Suitable to be Offered in Schools/Colleges	Schools <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No Colleges <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	
22.	Name and Contact Details of Submitting / Awarding Body SPOC <i>(In case of CS or MS, provide details of both Lead AB &amp; Supporting ABs)</i>	Name: Mr. Ashish Jain Email: <a href="mailto:ashish.jain@healthcare-ssc.in">ashish.jain@healthcare-ssc.in</a> Contact No.: 011-40505850,011 41017346 Website: <a href="http://www.healthcare-ssc.in">www.healthcare-ssc.in</a>	
23.	Final Approval Date by NSQC: 28/07/2022	24. Validity Duration: 3 years	25. Next Review Date: 28/07/2025

NSQC Approved

## Section 2: Module Summary

### NOS/s of Qualifications

(In exceptional cases these could be described as components)

#### Mandatory NOS/s:

Specify the training duration and assessment criteria at NOS/ Module level. For further details refer curriculum document.

*Th.-Theory Pr.-Practical OJT-On the Job Man.-Mandatory Training Rec.-Recommended Proj.-Project*

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks						
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)	
1.	Bridge Modules				3.5	55	35	15	0	105							
2.	Prepare the unit as per yoga therapy needs	HSS/N4001, V2.0	Core	4	3	30	30	30	0	90	50	60	20	25	155	15	
3.	Carry out initial interaction with individuals for proposed yoga therapy as per directions	HSS/N4002, V2.0	Core	4	3	30	30	30	0	90	30	0	20	20	70	10	
4.	Conduct yoga therapy session as per prescribed advice	HSS/N4003, V2.0	Core	4	4.5	45	45	45	0	135	79	100	21	35	235	20	
5.	Conduct post yoga therapy session review	HSS/N4004, V2.0	Core	4	3	30	30	30	0	90	38	30	20	20	108	10	
6.	Maintain Interpersonal relationship with colleagues, patients, and others	HSS/N9615, V2.0	Non Core	4	1	10	5	15	0	30	13	0	0	0	13	5	
7.	Maintain professional & medico-legal conduct	HSS/N9616, V2.0	Non-Core	4	1	10	5	15	0	30	19	0	0	0	19	5	
8.	Maintain a safe, healthy and secure working environment	HSS/N9617, V2.0	Non Core	4	2	30	30	0	0	60	20	0	9	30	59	5	
9.	Employability Skills	DGT/VSQ/N 0102, V1.0	Non-Core	4	2	60	0	0	0	60	20	30	0	0	50	10	
<b>Duration (in Hours) / Total Marks</b>						<b>23</b>	<b>300</b>	<b>210</b>	<b>180</b>	<b>0</b>	<b>690</b>	<b>350</b>	<b>300</b>	<b>150</b>	<b>200</b>	<b>1000</b>	<b>80</b>

**Elective NOS/s: Diabetes Care**

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	Conduct yoga therapy Sessions for Diabetic Patients as per directions	HSS/N4005, V2.0	Core	4	3	30	30	30	0	90	43	60	40	50	193	10
<b>Duration (in Hours) / Total Marks</b>						<b>30</b>	<b>30</b>	<b>30</b>	<b>0</b>	<b>90</b>	<b>43</b>	<b>60</b>	<b>40</b>	<b>50</b>	<b>193</b>	<b>10</b>

**Elective 2: Palliative Care**

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	Conduct yoga therapy Sessions for Palliative Care as per directions	HSS/N4006, V2.0	Core	4	3	30	30	30	0	90	38	20	20	20	98	10
<b>Duration (in Hours) / Total Marks</b>						<b>30</b>	<b>30</b>	<b>30</b>	<b>0</b>	<b>90</b>	<b>38</b>	<b>20</b>	<b>20</b>	<b>20</b>	<b>98</b>	<b>10</b>

**Optional NOS/s:**

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NS QF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.																
2.																
<b>Duration (in Hours) / Total Marks</b>																

## Assessment - Minimum Qualifying Percentage

Please specify **any one** of the following:

**Minimum Pass Percentage – Aggregate at qualification level: 70 %** (Every Trainee should score specified minimum aggregate passing percentage at qualification level to successfully clear the assessment.)

**Minimum Pass Percentage – NOS/Module-wise: \_\_\_%** (Every Trainee should score specified minimum passing percentage in each mandatory and selected elective NOS/Module to successfully clear the assessment.)

### Section 3: Training Related

1.	<b>Trainer's Qualification and experience in the relevant sector (in years)</b> (as per NCVET guidelines)	Post-Graduation in yoga with 1-year clinical experience and 1 teaching experience Or Graduation in any stream with post graduate certification/ diploma in yoga with 1 year clinical experience and 1 year teaching experience Or Medical Graduate with certificate in Yoga with 4 year clinical experience and 1 year of teaching experience
2.	<b>Master Trainer's Qualification and experience in the relevant sector (in years)</b> (as per NCVET guidelines)	Post-Graduation in yoga with 2-year clinical experience and 2 teaching experience Or Graduation in any stream with post graduate certification/ diploma in yoga with 2 year clinical experience and 2 year teaching experience Or Medical Graduate with certificate in Yoga with 5 year clinical experience and 2 year of teaching experience
3.	<b>Tools and Equipment Required for Training</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No (If "Yes", details to be provided in Annexure)
4.	<b>In Case of Revised Qualification, Details of Any Upskilling Required for Trainer</b>	

### Section 4: Assessment Related

1.	<b>Assessor's Qualification and experience in relevant sector (in years)</b> (as per NCVET guidelines)	Post-Graduation in yoga with 2-year clinical experience and 2 teaching experience Or
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		Graduation in any stream with post graduate certification/ diploma in yoga with 2 year clinical experience and 2 year teaching experience  Or Medical Graduate with certificate in Yoga with 5 year clinical experience and 2 year of teaching experience
2.	<b>Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)</b>	Diploma/Graduate
3.	<b>Lead Assessor's/Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)</b>	Post-Graduation in yoga with 3-year clinical experience and 3 teaching experience  Or Graduation in any stream with post graduate certification/ diploma in yoga with 3 year clinical experience and 3 year teaching experience  Or Medical Graduate with certificate in Yoga with 6 year clinical experience and 3 year of teaching experience
4.	<b>Assessment Mode (Specify the assessment mode)</b>	Blended (Theory: Online, Practical and Viva: Blended)
5.	<b>Tools and Equipment Required for Assessment</b>	<input checked="" type="checkbox"/> Same as for training <input type="checkbox"/> Yes <input type="checkbox"/> No (details to be provided in Annexure-if it is different for Assessment)

## Section 5: Evidence of the need for the Qualification

Provide Annexure/Supporting documents name.

1.	<b>Latest Skill Gap Study (not older than 2 years) (Yes/No):</b> Yes
2.	<b>Latest Market Research Reports or any other source (not older than 2 years) (Yes/No):</b> No
3.	<b>Government /Industry initiatives/ requirement (Yes/No):</b>
4.	<b>Number of Industry validation provided:</b>
5.	<b>Estimated nos. of persons to be trained and employed:</b>
6.	<b>Evidence of Concurrence/Consultation with Line Ministry/State Departments:</b> Yes If "No", why:

## Section 6: Annexure & Supporting Documents Check List

Specify Annexure Name / Supporting document file name

1.	<b>Annexure:</b> NCrf/NSQF level justification based on NCrf level/NSQF descriptors ( <i>Mandatory</i> )	Yes
2.	<b>Annexure:</b> List of tools and equipment relevant for qualification ( <i>Mandatory, except in case of online course</i> )	Yes
3.	<b>Annexure:</b> Detailed Assessment Criteria ( <i>Mandatory</i> )	Yes
4.	<b>Annexure:</b> Assessment Strategy ( <i>Mandatory</i> )	Yes
5.	<b>Annexure:</b> Blended Learning ( <i>Mandatory, in case selected Mode of delivery is "Blended Learning"</i> )	No
6.	<b>Annexure:</b> Multiple Entry-Exit Details ( <i>Mandatory, in case qualification has multiple Entry-Exit</i> )	No
7.	<b>Annexure:</b> Acronym and Glossary ( <i>Optional</i> )	Yes
8.	<b>Supporting Document:</b> Model Curriculum ( <i>Mandatory – Public view</i> )	Yes
9.	<b>Supporting Document:</b> Career Progression ( <i>Mandatory - Public view</i> )	Yes
10.	<b>Supporting Document:</b> Occupational Map ( <i>Mandatory</i> )	Yes
11.	<b>Supporting Document:</b> Assessment SOP ( <i>Mandatory</i> )	Yes
12.	<b>Any other document you wish to submit:</b>	

### Annexure: Evidence of Level

NCrf/NSQF Level Descriptors	Key requirements of the job role/ outcome of the qualification	How the job role/ outcomes relate to the NCrf/NSQF level descriptor	NCrf/NSQF Level
<b>Professional Theoretical Knowledge/Process</b>	Work in familiar, predictable, routine, situation of clear choice. Yoga Therapy Assistant demonstrate and assist to provide yoga therapies to the individuals by making appropriate and conducive ambience, based on the prescriptions, providing support to patient before, during and after therapy.	Yoga Therapy Assistant during the job works in familiar, predictable, routine, and situation of clear choice.	4
<b>Professional and Technical Skills/ Expertise/ Professional Knowledge</b>	Factual knowledge of field of knowledge or study. Yoga Therapy Assistant should have knowledge regarding yogic practises, asanas, knowledge of do's and don'ts, clinal manifestations, normal values of vitals parameters and ability to interpret the prescriptions to make desired changes as per orders without affecting line of therapy outcomes. Yoga Therapy Assistant should be able to demonstrate asanas for related yoga therapies and requisite specialization. He	Yoga Therapy Assistant during the job works in familiar, predictable, routine, and situation of clear choice.	4

	should be well versed with human body structure and functions . He should be able to differentiate between routine and emergency needs.		
<b>Employment Readiness &amp; Entrepreneurship Skills &amp; Mind-set/Professional Skill</b>	Recall and demonstrate practical skill, routine and repetitive in narrow range of application, using appropriate rule and tool, using quality concepts Yoga Therapy Assistant should be able to demonstrate asanas for related yoga therapies and requisite specialization. He should be well versed with human body structure and functions. He should be able to differentiate between routine and emergency needs.	Yoga Therapy Assistant during the job works in familiar, predictable, routine, and situation of clear choice.	4
<b>Broad Learning Outcomes/Core Skill</b>	Yoga Therapy Assistant should be able to read and interpret the orders by concerned authorities. Sensitivity and empathy is an important aspect. He should be able to determine the boundaries of work and professional area. He should be able to work in the limits of competency and authority	Refer to the evidence provided in the adjacent column. Hence it falls under Level 4	4
<b>Responsibility</b>	Yoga Therapy Assistant is responsible to set expectations about the effort by participant, about do's and don'ts of the yoga therapy session, They are responsible to identify discomfort like body language of the participants for any discomfort or challenges they are facing while doing session and they are responsible to appropriately deliver the instruction for better understanding of the participants. This is further reconfirmed by the fact that the Yoga Therapy Assistant is expected to learn and improve his/her practice while on the job and is referred as "skilled workers	Refer to the evidence provided in the adjacent column. Hence it falls under Level 4	4

### Annexure: Tools and Equipment (Lab Set-Up)

List of Tools and Equipment  
 Batch Size: 30

S. No.	Tool / Equipment Name	Specification	Quantity for specified Batch size
1	Projector	Nos	1
2	Marker	Nos	1
3	Whiteboard	Nos	1
4	Laptop/ Computer	Nos	3
5	Human Body Skeleton	Nos	2

6	Yoga dress for Female	Nos	3
7	Yoga dress for male	Nos	3
8	Yoga Mat	Nos	10
9	Sphygmomanometer	Nos	3
10	Thermometer Digital/Manual	Nos	3
11	Pulse Oximeter (Finger)	Nos	3
12	Stethoscope	Nos	3
13	Personal Protective Equipment (Gloves,Mask,Shoe Cover,Head Cap, Plastic Gown)	Bundle	1
14	CPR Manikin (Half Bidy)	Nos	2
15	Water Supply	Nos	1
16	Cushion	Nos	3
17	Cushion	Nos	5
18	Anti-septic creams	Nos	4
19	Sound System for light yoga music	Nos	1
20	Mirror for visualizing complete body (Big Mirror)	Nos	3
21	Wash Basin	Nos	2
22	Hand Sanitizer	Nos	3

#### Classroom Aids

The aids required to conduct sessions in the classroom are:

1. AV Aids
2. Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed)
3. (all software should either be latest version or one/two version below)
4. UPS
5. Scanner cum Printer
6. Computer Tables
7. Computer Chairs
8. LCD Projector
9. White Board/Smart Board 1200mm x 900mm

10. Marker
11. Duster
12. Charts
13. Models
14. Flip Chart

### Annexure: Industry Validations Summary

Provide the summary information of all the industry validations in table. This is not required for OEM qualifications.

S. No	Organization Name	Representative Name	Designation	Contact Address	Contact Phone No	E-mail ID	LinkedIn Profile (if available)
1	Cloudnine Hospital	Shweta Daniel	Nursing Head	Gurugram	9717171942	<a href="mailto:Shwetadaniel08@gmail.com">Shwetadaniel08@gmail.com</a>	
2	Cloudnine Hospital	Angita Masih	Nursing Educator	Gurugram		carolinelizabethj@gmail.com	
3	Jamia Hamdard	Gifty Thomas	Clinical Instructor	Delhi			
4	CGHS	Mary Anitha	Nursing Officer	Bangalore		Maryanitha.cghs.gov.in	
5	Vidyanta Skills	Mr Jaideep Herbert	COO	Gurugram	9717717736	Jaideep.herbert@vidyanta.com	
6	Narayana Hrudayalaya	Stella	Nursing Superintendent	Bengaluru		stellad@narayanhealth.org	
7	Aster DM	Dr Rohini Paul	CNO	Bangalore	9538896637	Drrohini.paul@asterdmhealthcare.com	
8	Sunshine Global Hospital	Dr Biren Chauhan	COO	Gujarat	9633890515	Biren.chauhan@sunshineglobalhospital.com	
9	Divakar Specialty Hospital	Dr Hema Diwakar	Medical Director	Bengaluru	9900154444	<a href="mailto:drhimadevakar@gmail.com">drhimadevakar@gmail.com</a>	

### Annexure: Training & Employment Details

#### Training and Employment Projections:

Year	Total Candidates		Women		People with Disability	
	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities
2023	100	50				
2024	200	100				
2025	300	150				

Data to be provided year-wise for next 3 years

**Training, Assessment, Certification, and Placement Data for previous versions of qualifications:**

Qualification Version	Year	Total Candidates				Women				People with Disability			
		Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed
Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable
	2019-20	1	1	0									
	2020-21	14	14	11									
	2022-23	460	434	415		345							
	2023-24	683	511	485		302							

*Applicable for revised qualifications only, data to be provided year-wise for past 3 years.*

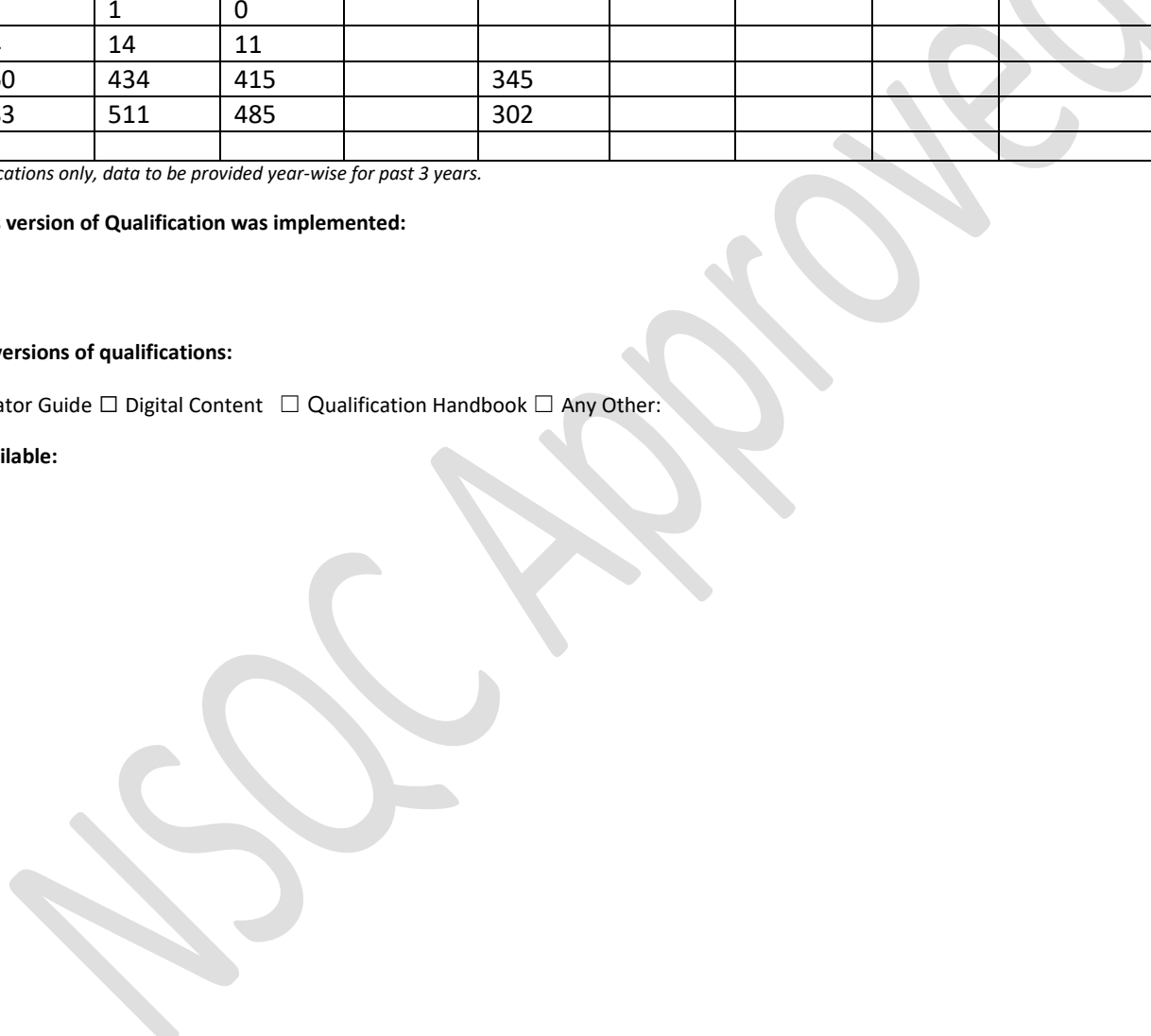
**List Schemes in which the previous version of Qualification was implemented:**

- 1.
- 2.

**Content availability for previous versions of qualifications:**

Participant Handbook  Facilitator Guide  Digital Content  Qualification Handbook  Any Other:

**Languages in which Content is available:**



## Annexure: Blended Learning

### Blended Learning Estimated Ratio & Recommended Tools:

Refer NCVET “Guidelines for Blended Learning for Vocational Education, Training & Skilling” available on:

<https://ncvet.gov.in/sites/default/files/Guidelines%20for%20Blended%20Learning%20for%20Vocational%20Education,%20Training%20&%20Skilling.pdf>

S. No.	Select the Components of the Qualification	List Recommended Tools – for all Selected Components	Offline : Online Ratio
1	<input type="checkbox"/> Theory/ Lectures - Imparting theoretical and conceptual knowledge		
2	<input type="checkbox"/> Imparting Soft Skills, Life Skills, and Employability Skills /Mentorship to Learners		
3	<input type="checkbox"/> Showing Practical Demonstrations to the learners		
4	<input type="checkbox"/> Imparting Practical Hands-on Skills/ Lab Work/ workshop/ shop floor training		
5	<input type="checkbox"/> Tutorials/ Assignments/ Drill/ Practice		
6	<input type="checkbox"/> Proctored Monitoring/ Assessment/ Evaluation/ Examinations		
7	<input type="checkbox"/> On the Job Training (OJT)/ Project Work Internship/ Apprenticeship Training		

## Annexure: Detailed Assessment Criteria

Detailed assessment criteria for each NOS/Module are as follows:

NOS/Module Name	Assessment Criteria for Performance Criteria/Learning Outcomes	Theory Marks	Viva Marks	OJT Marks	Practical Marks	Total Marks
HSS/N4001: Prepare the unit as per yoga therapy needs	• Apply hygiene standards	20	10	10	30	70
	• Conduct preprocedural requirements	30	15	10	30	85
	Nos Total	50	25	20	60	155
HSS/N4002: Carry out initial interaction with individuals for proposed yoga therapy as per directions	• Counselling of individuals and Information gathering for proposed yoga therapy	30	20	20		70
	Nos Total	30	20	20	0	70
HSS/N4003:Conduct yoga therapy session as per prescribed advice	• Demonstrating yoga therapy posture	42	15	11	50	118
	•Listing of post therapy sessions compliances	37	20	10	50	117

	Nos Total	79	35	21	100	235
HSS/N4004:Conduct post yoga therapy session review	• Reflective Report of Yoga Therapy Session	38	20	20	30	108
	Nos Total	38	20	20	30	108
HSS/N4005 Conduct yoga therapy Sessions for Diabetic Patients as per directions	• Carry out pre procedural requirements of therapeutic yoga for diabetes care	15	15	10	20	60
	Conduct yoga therapy sessions	13	20	20	20	73
	Conduct post therapy session compliances	15	15	10	20	60
	<b>Nos Total</b>	<b>43</b>	<b>50</b>	<b>40</b>	<b>60</b>	<b>193</b>
HSS/N4006: Conduct yoga therapy Sessions for Palliative Care as per directions	• Perform therapeutic yoga for palliative care	38	20	20	20	98
	<b>Total</b>	<b>38</b>	<b>20</b>	<b>20</b>	<b>20</b>	<b>98</b>
HSS/N9615 Maintain a professional relationship with patients, colleagues and others	Communicate and maintain professional behavior with co-workers and patients and their families	5				5
	Work with other people to meet requirements	5				5
	Establish and manage requirements, planning and organizing work, ensuring accomplishment of the requirements	3				3
	<b>Nos Total</b>	<b>13</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>13</b>
HSS/N9616 Maintain professional & medico-legal conduct	Maintain professional behavior	5				5
	Act within the limit of one's competence and authority	7				7
	Follow the code of conduct and demonstrate best practices in the field	7				7
	<b>Nos Total</b>	<b>19</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>19</b>
HSS/N9617 Maintain a safe, healthy and secure working environment	Comply the health, safety and security requirements and procedures for workplace	7	10	2		19
	Handle any hazardous situation with safely, competently and within the limits of authority	8	10	5		23

	Report any hazardous situation and breach in procedures to ensure a safe, healthy, secure working environment	5	10	2		17
	<b>Nos Total</b>	<b>20</b>	<b>30</b>	<b>9</b>	<b>0</b>	<b>59</b>
DGT/VSQ/N0102, V1.0, Employability Skills (60 Hours)	Introduction to Employability Skills	1			1	2
	Constitutional values – Citizenship	1			1	2
	Becoming a Professional in the 21st Century	2			4	6
	Basic English Skills	2			3	5
	Career Development & Goal Setting	1			2	3
	Communication Skills	2			2	4
	Diversity & Inclusion	1			2	3
	Financial and Legal Literacy	2			3	5
	Essential Digital Skills	3			4	7
	Entrepreneurship	2			3	5
	Customer Service	1			2	3
	Getting ready for apprenticeship & Jobs	2			3	5
	<b>NOS Total</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>30</b>	<b>50</b>
	<b>Grand Total</b>	<b>350</b>	<b>200</b>	<b>150</b>	<b>300</b>	<b>1000</b>

### Annexure: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the Candidate on the required competencies of the program.

*Mention the detailed assessment strategy in the provided template.*

#### <1. Assessment System Overview:

- Batches assigned to the assessment agencies for conducting the assessment on SIP or email
- Assessment agencies send the assessment confirmation to VTP/TC looping SSC
- Assessment agency deploys the ToA certified Assessor for executing the assessment
- SSC monitors the assessment process & records

#### 2. Testing Environment:

- Check the Assessment location, date and time
- If the batch size is more than 30, then there should be 2 Assessors.
- Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.

#### 3. Assessment Quality Assurance levels/Framework:

- Question bank is created by the Subject Matter Experts (SME) are verified by the other SME

- Questions are mapped to the specified assessment criteria
- Assessor must be ToA certified & trainer must be ToT Certified

4. Types of evidence or evidence-gathering protocol:

- Time-stamped & geotagged reporting of the assessor from assessment location
- Centre photographs with signboards and scheme specific branding

5. Method of verification or validation:

- Surprise visit to the assessment location

6. Method for assessment documentation, archiving, and access

- Hard copies of the documents are stored

**On the Job:**

1. Each module (which covers the job profile of Automotive Service Assistant Technician) will be assessed separately.
2. The candidate must score 60% in each module to successfully complete the OJT.
3. Tools of Assessment that will be used for assessing whether the candidate is having desired skills and etiquette of dealing with customers, understanding needs & requirements, assessing the customer and perform Soft Skills effectively:
  - Videos of Trainees during OJT
  -
4. Assessment of each Module will ensure that the candidate is able to:
  - Effective engagement with the customers
  - Understand the working of various tools and equipment
  - .....>

Annexure: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
ISCO	International Standard Classification of Occupations
NCO	National Classification of Occupations
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework
OJT	On the Job Training

Glossary

Term	Description
<b>National Occupational Standards (NOS)</b>	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an individual performing that task should know and also do.
<b>Qualification</b>	A formal outcome of an assessment and validation process which is obtained when a

	competent body determines that an individual has achieved learning outcomes to given standards
<b>Qualification File</b>	A Qualification File is a template designed to capture necessary information of a Qualification from the perspective of NSQF compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
<b>Sector</b>	A grouping of professional activities on the basis of their main economic function, product, service or technology.
<b>Long Term Training</b>	Long-term skilling means any vocational training program undertaken for a year and above. <a href="https://ncvet.gov.in/sites/default/files/NCVET.pdf">https://ncvet.gov.in/sites/default/files/NCVET.pdf</a>

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