



QUALIFICATION FILE

Panchakarma Technician

☒ Short Term Training (STT) ☐ Long Term Training (LTT) ☒ Apprenticeship

☐ Upskilling ☐ Dual/Flexi Qualification ☒ For ToT ☒ For ToA

☒ General ☐ Multi-skill (MS) ☐ Cross Sectoral (CS) ☐ Future Skills ☐ OEM

NCrF/NSQF Level: 4.5

Submitted By:

Healthcare Sector Skill Council

Office No. 520-521, 5th Floor, DLF Tower A, Jasola, New Delhi - 110025, India

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Section 1: Basic Details

1.	Qualification Name	Panchakarma Technician																			
2.	Sector/s	Healthcare (Ayush)																			
3.	Type of Qualification: ☐ New ☒ Revised ☐ Has Electives/Options ☐ OEM	NQR Code & version of existing/previous qualification: <i>(change to previous, once approved)</i> QG-4.5-HE-00649-2025-V2-HSSC	Qualification Name of existing/previous version: QG-04-HE-00649-2023-V1.1-HSSC																		
4.	a. OEM Name b. Qualification Name <i>(Wherever applicable)</i>																				
5.	National Qualification Register (NQR) Code &Version <i>(Will be issued after NSQC approval)</i>	QG-4.5-HE-00649-2025-V2-HSSC	6. NCrF/NSQF Level: 4.5																		
7.	Award (Certificate/Diploma/Advance Diploma/ Any Other) <i>(Wherever applicable specify multiple entry/exits also & provide details in annexure)</i>	Skill Certificate																			
8.	Brief Description of the Qualification	The individuals in this job provide panchakarma therapy as per the prescription by creating appropriate and conducive ambience, and ensuring the availability of required materials, herbs and related formulations. These professionals provide support to individuals before, during and after therapy. They also perform basic administrative functions, including record maintenance of daily activities at work place.																			
9.	Eligibility Criteria for Entry for Student/Trainee/Learner/Employee	a. Entry Qualification & Relevant Experience: <table border="1"> <thead> <tr> <th>S. No.</th> <th>Academic/Skill Qualification (with Specialization - if applicable)</th> <th>Required Experience (with Specialization - if applicable)</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>12th Grade Pass</td> <td></td> </tr> <tr> <td></td> <td>OR</td> <td></td> </tr> <tr> <td>2</td> <td>10th Grade Pass</td> <td>with 3 years of relevant experience</td> </tr> <tr> <td></td> <td>OR</td> <td></td> </tr> <tr> <td>3</td> <td>Previous relevant qualification of NSQF Level 3</td> <td>with 3 years of relevant experience</td> </tr> </tbody> </table> b. Age: 18 yrs		S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)	1	12th Grade Pass			OR		2	10th Grade Pass	with 3 years of relevant experience		OR		3	Previous relevant qualification of NSQF Level 3	with 3 years of relevant experience
S. No.	Academic/Skill Qualification (with Specialization - if applicable)	Required Experience (with Specialization - if applicable)																			
1	12th Grade Pass																				
	OR																				
2	10th Grade Pass	with 3 years of relevant experience																			
	OR																				
3	Previous relevant qualification of NSQF Level 3	with 3 years of relevant experience																			
10.	Credits Assigned to this Qualification, Subject to Assessment <i>(as per National Credit Framework (NCrF))</i>	40	11. Common Cost Norm Category (I/II/III) <i>(wherever applicable):</i> Category II																		

12.	Any Licensing requirements for Undertaking Training on This Qualification <i>(wherever applicable)</i>	Not Applicable																						
13.	Training Duration by Modes of Training Delivery <i>(Specify Total Duration as per selected training delivery modes and as per requirement of the qualification)</i>	☒ Offline ☐ Online ☐ Blended <table border="1"> <thead> <tr> <th>Training Delivery Modes</th> <th>Theory (Hours)</th> <th>Practical (Hours)</th> <th>OJT Mandatory (Hours)</th> <th>OJT Recommended (Hours)</th> <th>Total (Hours)</th> </tr> </thead> <tbody> <tr> <td>Classroom (offline)</td> <td>450</td> <td>600</td> <td>150</td> <td>NA</td> <td>1200</td> </tr> <tr> <td>Online</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> <i>(Refer Blended Learning Annexure for details)</i>					Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)	Classroom (offline)	450	600	150	NA	1200	Online					
Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Mandatory (Hours)	OJT Recommended (Hours)	Total (Hours)																			
Classroom (offline)	450	600	150	NA	1200																			
Online																								
14.	Aligned to NCO/ISCO Code/s <i>(if no code is available mention the same)</i>	NCO-2015/2230																						
15.	Progression path after attaining the qualification <i>(Please show Professional and Academic progression)</i>	Vertical Progression: Patient Relation Associate (Level 5)																						
16.	Other Indian languages in which the Qualification & Model Curriculum are being submitted	Hindi																						
17.	Is similar Qualification(s) available on NQR-if yes, justification for this qualification	☐ Yes ☒ No URLs of similar Qualifications:																						
18.	Is the Job Role Amenable to Persons with Disability	☐ Yes ☒ No If "Yes", specify the applicable type of Disability: All types of disability																						
19.	How Participation of Women will be Encouraged	This job role emphasises how Panchkarma therapy can address specific women's health concerns like correcting vitiated doshas in the body and improving overall health.																						
20.	Are Greening/ Environment Sustainability Aspects Covered <i>(Specify the NOS/Module which covers it)</i>	☒ Yes ☐ No HSS/N9617																						
21.	Is Qualification Suitable to be Offered in Schools/Colleges	Schools ☒ Yes ☐ No Colleges ☒ Yes ☐ No																						
22.	Name and Contact Details of Submitting / Awarding Body SPOC <i>(In case of CS or MS, provide details of both Lead AB & Supporting ABs)</i>	Name: Mr. Ashish Jain Email: ashish.jain@healthcare-ssc.in Contact No.: 011-40505850, 011 41017346 Website: www.healthcare-ssc.in																						
23.	Final Approval Date by NSQC: 8-5-2025	24. Validity: 3 yrs			25. Next Review Date: 8-5-2028																			

Section 2: Module Summary

NOS/s of Qualifications

(In exceptional cases these could be described as components)

Mandatory NOS/s:

Specify the training duration and assessment criteria at the NOS/ Module level. For further details refer to the curriculum document.

Th.-Theory **Pr.**-Practical **OJT**-On the Job **Man.**-Mandatory Training **Rec.**-Recommended **Proj.**-Project

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	HSS/N3630: Introduction to the Ayush Healthcare System	HSS/N3630,v4	Core	4.5	12	135	195	30		360	76	80	40	50	246	30
2.	HSS/N3601: Prerequisites to a panchakarma therapy session	HSS/N3601,v4	Core	4.5	3.5	25	60	20		105	79	80	30	50	239	20
3.	HSS/N3602: Pradhan Karma of Panchkarma Therapy	HSS/N3602,v4	Core	4.5	6	60	90	30		180	50	60	20	15	145	20
4.	HSS/N3603: Paschat Karma of Panchkarma Therapy	HSS/N3603,v4	Core	4.5	7	60	75	30		210	69	40	32	20	161	10
5.	HSS/N3631: Support in day-to-day work at a unit	HSS/N3631,v4	Core	4.5	8	90	120	30		240	15	10	6	5	36	5
6.	HSS/N9617: Maintain a safe, healthy and secure environment	HSS/N9617,v2	Non-Core	4	1	5	10	15		30	20	0	9	30	59	5
7.	HSS/N9618- Follow infection control policies and procedures	HSS/N9618,v2	Non-Core	4	0.5	5	5	5		15	21	0	13	30	64	5

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
	including biomedical waste disposal protocols															
8.	DGT/VSQ/N0102, V1.0, Employability Skills (60 Hours)	DGT/VSQ/N0102 Version 1.0	Non-Core	4	2	60	0	0	0	60	20	30	0	0	50	5
Duration (in Hours) / Total Marks				34	40	450	600	150	0	1200	350	300	150	200	1000	100

Elective NOS:

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.																
2.																
Duration (in Hours) / Total Marks																

Optional NOS/s:

S. No	NOS/Module Name	NOS/Module Code & Version (if applicable)	Core/ Non-Core	NCrF/NSQF Level	Credits as per NCrF	Training Duration (Hours)					Assessment Marks					
						Th.	Pr.	OJT-Man.	OJT-Rec.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.																
2.																
Duration (in Hours) / Total Marks																

Assessment - Minimum Qualifying Percentage

Please specify **any one** of the following:

Minimum Pass Percentage – Aggregate at qualification level: 70% (Every Trainee should score a specified minimum aggregate passing percentage at qualification level to successfully clear the assessment.)

Minimum Pass Percentage – NOS/Module-wise: 70 % (Every Trainee should score a specified minimum passing percentage in each mandatory and selected elective NOS/Module to successfully clear the assessment.)

Section 3: Training Related

1.	Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	- BAMS with 6 years of relevant experience - MD Panchkarma /Kayachikitsa with 1 year of experience.
2.	Master Trainer's Qualification and experience in the relevant sector (in years) (as per NCVET guidelines)	- BAMS with 7 years of relevant experience - MD Panchkarma /Kayachikitsa with 2 year of experience.
3.	Tools and Equipment Required for Training	☒ Yes ☐ No (If "Yes", details to be provided in Annexure)
4.	In Case of Revised Qualification, Details of Any Upskilling Required for Trainer	

Section 4: Assessment Related

1.	Assessor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	- BAMS with 7 years of relevant experience - MD Panchkarma /Kayachikitsa with 2 years of experience
2.	Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	Diploma/Graduate
3.	Lead Assessor's/Proctor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	- BAMS with 8 years of relevant experience - MD Panchkarma /Kayachikitsa with 3 years of experience
4.	Assessment Mode (Specify the assessment mode)	Blended (Theory: Online, Practical and Viva: Blended)
5.	Tools and Equipment Required for Assessment	☒ Same as for training ☐ Yes ☐ No (details to be provided in Annexure-if it is different for Assessment)

Section 5: Evidence of the need for the Qualification

Provide Annexure/Supporting documents name.

1.	Latest Skill Gap Study (not older than 2 years) (Yes/No):No
2.	Latest Market Research Reports or any other source (not older than 2 years) (Yes/No):No
3.	Government /Industry initiatives/ requirement (Yes/No): Yes
4.	Number of Industry validations provided: 21
5.	Estimated nos. of persons to be trained and employed: 8000
6.	Evidence of Concurrence/Consultation with Line Ministry/State Departments: awaited If “No”, why:

Section 6: Annexure & Supporting Documents Check List

Specify Annexure Name / Supporting document file name

1.	Annexure: NCrf/NSQF level justification based on NCrf level/NSQF descriptors <i>(Mandatory)</i>	Yes
2.	Annexure: List of tools and equipment relevant for qualification <i>(Mandatory, except in case of online course)</i>	Yes
3.	Annexure: Detailed Assessment Criteria <i>(Mandatory)</i>	Yes
4.	Annexure: Assessment Strategy <i>(Mandatory)</i>	Yes
5.	Annexure: Blended Learning <i>(Mandatory, in case selected Mode of delivery is “Blended Learning”)</i>	No
6.	Annexure: Multiple Entry-Exit Details <i>(Mandatory, in case qualification has multiple Entry-Exit)</i>	No
7.	Annexure: Acronym and Glossary <i>(Optional)</i>	Yes

8.	Supporting Document: Model Curriculum (<i>Mandatory – Public view</i>)	Yes
9.	Supporting Document: Career Progression (<i>Mandatory - Public view</i>)	Yes
10.	Supporting Document: Occupational Map (<i>Mandatory</i>)	Yes
11.	Supporting Document: Assessment SOP (<i>Mandatory</i>)	Yes
12.	Any other document you wish to submit:	

Annexure: Evidence of Level

NCrF/NSQF Level Descriptors	Key requirements of the job role/ outcome of the qualification	How the job role/ outcomes relate to the NCrF/NSQF level descriptor	NCrF/NSQF Level
Professional Theoretical Knowledge/Process	- Possesses broad and deep knowledge and skills to solve problems in Panchkarma Procedures like Abhyanga, Basti, Swedana Procedures - Possesses knowledge in multidisciplinary contexts, broadly, within Panchkarma Procedures. - Deeper knowledge and understanding of specialized field of technology / skills/ job like Pottali sweda (Patrapotali sweda, Choorna pinda sweda, Jambeera pinda sweda, Shashtika shali pinda sweda), Drava sweda (Bashpa sweda (steam bath), Nadi sweda, Parisheka sweda, Avagaha sweda (tub bath)), others like Vasana sweda, Upanaha sweda, Valuka sweda, etc .. - Acquired specialized knowledge and a range of cognitive and practical skills to accomplish tasks in the Panchakarma department.	The individual in the job possesses knowledge involving a defined range of standard procedures employed in routine. contexts Hence it falls under Level 4.5	4.5

Professional and Technical Skills/ Expertise/ Professional Knowledge	• Demonstrates cognitive specialised professional and technical skills required for performing Panchakarma procedures and accomplishing difficult tasks relating to procedures in the panchakarma routine or non-routine. • Possesses a range of professional and technical skills, displays clarity of knowledge and practice in performing Panchakarma procedures. • Possesses a range of professional and technical skills, displays clarity of knowledge and practice in broad range of activities/tasks in the Panchkarma Unit. • Skill to identify the relevant tools or sometimes improvise the available tools and techniques in the Panchkarma unit., • Advanced knowledge of materials in the Panchkarma department. • Very good in data collecting organising information, analysis and communication of the Panchkarma Department.	• The individual in the job follows a range of skills and technical capabilities of carrying out a choice of processes and procedures within the range of familiar contexts. Refer to the evidence provided in the adjacent column. Hence it falls under Level 4.5	4.5
Employment Readiness & Entrepreneurship Skills & Mind-set/Professional Skill	• Possesses excellent oral and written communication and collaboration skills for clearly taking the vision of the leaders to the Panchkarma department. • Possesses very good Digital, Financial and Legal Literacy to use them effectively. • Has a good understanding the constitutional, humanistic, ethical, and moral values. • Has well well-informed practical understanding of the social, political and work environment. • May have an entrepreneurial Mindset for creating a startup/small business and its	The individual should have practical skills, which are routine and repetitive and should use quality concepts. These professionals work as a member of a team/ within a team. They display self. Motivation, Positive Attitude & Passion for Work. Refer to the evidence provided in the adjacent column. Hence it falls under Level 4.5	4.5

	end-to-end management.		
Broad Learning Outcomes/Core Skill	• Demonstrates a wide range of specialised professional and technical skills in a broad range in the panchakarma unit. • Apply the acquired specialised knowledge and a range of cognitive and practical skills to accomplish appropriate information, methods, tools, and Materials in the Panchkarma unit. • Communication and collaboration skills to act as a layer between the senior management and workforce in the Panchkarma department. • Should be able to listen and understand properly and present complex information clearly and concisely. • Takes responsibility for the nature and quality of outputs. • Is able to work on processes to improve the quality of outputs in the Panchkarma department. • Can analyze and synthesise ideas • Uses discretion and judgement over a range of known and innovative responses to familiar and unfamiliar problems and issues in the Panchkarma Unit.	At level 4.5 the candidate is a highly skilled master technician • Can perform all nonstandard procedures and non-routine tasks with confidence.	4.5

Responsibility	- Is accountable for determining and achieving personal and/or group tangible outcomes. - Handles/ / adapts/accommodates change requirements and change management at the ground/ shop floor level. - Team Building Manages processes and procedures within broad parameters for defined activities. - Supervises the routine work of others, takes the required responsibility for the evaluation and improvement of work or study activities. - At level 4.5 the candidate is highly skilled and works as a Junior Technical Supervisor in the Panchkarma department. - Is responsible for managing an independent work unit/shop floor/ section/business activity/assignment.	These professionals takes responsibility for their work Refer to the evidence provided in the adjacent column. Hence it falls under Level 4.5	4.5
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Annexure: Tools and Equipment (Lab Set-Up)

List of Tools and Equipment

Batch Size: _ 20

S. No.	Tool / Equipment Name	Specification	Quantity for specified Batch size
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1	Hand Sanitizer	Each	2
2	Wash Basin	Each	3
3	Mirror for visualizing complete body	Each	1
4	Induction cooker (1litre capacity)	Each	2
5	induction, Kadai	Each	5
6	5-litre vessel/basin	Each	2
7	First aid kit	Each	1
8	Wash basin with Water Supply	Each	1
9	Full body manikin	Each	1
10	Personal protective equipment	Each	2 sets
11	Stethoscope	Each	2
12	Pulse Oximeter (Finger)	Each	2
13	Thermometer Digital/Manual	Each	2
14	Sphygmomanometer	Each	2
15	2-litre vessel	Each	10
16	stainless steel kadai,	Each	2 sets
17	mortar and pestle	Each	2 sets
18	Human Body Skeleton	Each	1
19	Laptop/ Computer	Each	2
20	Whiteboard	Each	1
21	Marker	Each	1
22	Projector (desirable)	Each	1
23	steel rings	Each	1
24	spoon	Each	5
25	sponges	Each	5
26	wash clothes	Each	5
27	mops	Each	2

28	bucket	Each	2
29	mug	Each	2
30	disposable bed sheet	Each	5
31	disposable clothing	Each	5
32	eye caps	Each	1
33	disposable glycerine syringe	Each	5
34	enema can with tubing	Each	2
35	rubber catheter	Each	2
36	markin cloth	Each	2
37	droni (fibre glass made approx. 7 to 8 ft with a stand),	Each	2
38	Nadee Swedan Yantra – automatic,	Each	2
39	ladder to climb droni	Each	2
40	Yantra (Stand + Patra/Pot),	Each	2
41	Bashpa Swedan (Sitting type fiber),	Each	2
42	Automated Shirodhara Stand equipment	Each	2
43	Shiro Basti Cap	Each	2
44	Basti Netra Bras	Each	2
45	Shirodhara Sweda	Each	2
46	Kindi/Kumbhika for pouring oil	Each	2
47	Urinals	Each	1
48	Diaper	Each	1
49	Bed Pans	Each	1
50	Urobag	Each	1
51	CPR Manikin	Each	1
52	Fire extinguisher	Each	1

Classroom Aids

The aids required to conduct sessions in the classroom are:

1. AV Aids
2. Computer (PC) with latest configurations – and Internet connection with standard operating system and standard word processor and worksheet software (Licensed)
3. (all software should either be latest version or one/two version below)

4. UPS
5. Computer Tables
6. Computer Chairs
7. White Board/Smart Board 1200mm x 900mm
8. Marker
9. Duster
10. Charts
11. Flip Chart

Annexure: Industry Validations Summary

Provide summary information of all the industry validations in table. This is not required for OEM qualifications.

S.no	Organisation	Name Of Representative	Designation
1.	Dr Prasanth	AIIA	Associate Professor
2.	Dr Praveen KS	AIIA	Assistant Professor
3.	Dr Garima	AIIA	Assistant Professor
4.	Dr Peace Polyclinic	Dr Mohammed Abdul Musqsit	Consultant
5.	Godwill Healthcare Centre	Dr Afiya Sayyad	Consultant
6.	Shifa Clinic	Dr Asima Momin	Consultant
7.	Life Clinic	Dr. Aaiman Hudli	Physician
8.	Menizer Polyclinic	Dr Misbah Hamlekar	Consultant
9.	Bodycare Wellness	Dr . Nadeem	Consultant
10.	Om Prakash Ayurvedic Clinic	Dr Poonam Kumar Jain	Physician
11.	Zoya Sports Clinic	Kashaf-I-Makashi	Consultant
12.	Prime Life Hospital	Dr. Kashvar Zamani	Consultant

13.	Vida clinics Goa	Dr Mohammed Shahia	Physician
14.	Peace Polyclinic	Dr Sabah Bin Saleh	Consultant
15.	Muskan Healthcare Centre	Dr. Shaikh Muskan	Physician
16.	Mediversal Clinic	Dr.Sana Kalsekar	Consultant
17.	Unmat Multi speciality	Dr Lukman.M.Memon	Physician
18.	Life Care Hospital	Dr H.Abdul Kareem	Consultant
19.	Healthcare Dispensary	Dr Sadiya A Menon	Consultant
20.	Sri Srinivas Healthcare consultant	Dr Nagarjun KP	Consultant
21.	Sunaina Clinic	Dr sunaina	Consultant

Annexure: Training & Employment Details

Training and Employment Projections: 8000

Year	Total Candidates		Women		People with Disability	
	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities
2025	4000	70				
2026	2000	70				
2027	2000	70				

Data to be provided year-wise for next 3 years

Training, Assessment, Certification, and Placement Data for previous versions of qualifications:

Qualification Version	Year	Total Candidates				Women				People with Disability			
		Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed
	22-23	9815	9756	9294	NA	NA	NA	NA	NA	NA	NA	NA	NA
	23-24	1477	1416	1334									
	24-25	2450	2341	2219									

Applicable for revised qualifications only, data to be provided year-wise for past 3 years.

List Schemes in which the previous version of Qualification was implemented:

- 1.
- 2.

Content availability for previous versions of qualifications:

☒ Participant Handbook ☒ Facilitator Guide ☐ Digital Content ☒ Qualification Handbook ☐ Any Other:

Languages in which Content is available:

Annexure: Blended Learning

Blended Learning Estimated Ratio & Recommended Tools:

Refer NCVET “Guidelines for Blended Learning for Vocational Education, Training & Skilling” available on:

<https://ncvet.gov.in/sites/default/files/Guidelines%20for%20Blended%20Learning%20for%20Vocational%20Education,%20Training%20&%20Skilling.pdf>

S. No.	Select the Components of the Qualification	List Recommended Tools – for all Selected Components	Offline : Online Ratio
1	☐ Theory/ Lectures - Imparting theoretical and conceptual knowledge	Learning management source Computer, internet connectivity	
2	☐ Imparting Soft Skills, Life Skills, and Employability Skills /Mentorship to Learners	Computer, internet connectivity Computer, AV Aids, LCD	
3	☐ Showing Practical Demonstrations to the learners	Skill lab	
4	☐ Imparting Practical Hands-on Skills/ Lab Work/ workshop/ shop floor training	Learning management source, classroom training, computer.	
5	☐ Tutorials/ Assignments/ Drill/ Practice	Computer, LCD, AV aids	
6	☐ Proctored Monitoring/ Assessment/ Evaluation/ Examinations	Computer, mobile phone, email address. Internet facility, classroom facility	
7	☐ On the Job Training (OJT)/ Project Work Internship/ Apprenticeship Training	Not applicable	

Annexure: Detailed Assessment Criteria

Detailed assessment criteria for each NOS/Module are as follows:

NOS/Module Name	Assessment Criteria for Performance Criteria/Learning Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks	Total Marks
HSS/N3630: Introduction to Ayush Healthcare system	<i>Introduction to Healthcare System</i>	76	80	40	50	246
	PC1. Identify the key principles and terminology of Ayurveda.					
	PC2. Describe the key anatomical structures as described in Ayurvedic texts.					
	PC3. Describe the specific duties of a Panchakarma Technician.					
	PC4. Understand the concept of Prakriti (constitution) and Vikriti (imbalance).					
	PC5. Describe the indications and contraindications for each Panchakarma procedure.					
	PC6. Identify the specific oils and herbs used in each procedure.					
	Nos Total	76	80	40	50	246
HSS/N3601:Prerequisites to a panchakarma therapy session	<i>Apply hygiene standards</i>	27	25	10	10	72
	PC1.wear appropriate and clean attire as per organisational policies and procedures					
	PC2. maintain conducive ambience, environment and cleanliness in the unit					
	<i>Fulfill preprocedural requirements</i>	27	25	10	20	82
	PC3. Introduce oneself to the patient					
	PC4. Coordinate with therapist/doctor who is treating the patient for appointment schedule					

PC5. Confirm the appointment schedule with the patient and the therapist/doctor who is treating the patient					
PC6. Sterilize the special cups such as massage cups, glass cups, silicon, bamboo cups and Korean cups according to the practitioner's recommendation/Centers for Disease Control and Prevention (CDC) guidelines.					
PC7. Seek permission and orient the patient about the procedure to be carried out					
PC8. Maintain patients' privacy throughout the session					
PC9. keep the required resources ready for therapy and remove all obstructions					
PC10. ensure health and safety measures are always implemented while preparing the individual for the procedure					
PC11. check the patient's vitals and record the same					
PC12. Identify any deviation from normal parameters and inform the same to the therapist/doctor					
PC13. confirm if the patient has obtained a consent from therapist/doctor					
PC14. position the patient correctly in a dignified way as per therapist/doctors instruction					
PC15. drape the patient as per the procedure or as per therapist/doctors instructions					
PC16. ensure that personal articles of the individual are handed safely to the family members as per organizational policies					
PC17. take prompt appropriate action in response to the problems which occur during the preparations or inform concerned authority					
PC18. check the schedule and number of participants on a daily basis and arrange necessary resources accordingly					
<i>Prepare medicament as required for the procedure</i>	25	30	10	20	85
PC19. Assemble the required articles, herbs and related formulations as per prescription/therapist/doctors instructions					

	PC20: Check the expiry date of formulations or material as per organisational policies					
	Nos Total	79	80	30	50	239
HSS/N3602:Pradhan Karma of Panchakarma Therapy	<i>Provide panchakarma therapy as per the doctors/therapists' instructions</i>	50	60	20	15	145
	PC1.check vital parameters to assess physical state of individual as and when required during therapy					
	PC2. Follow the prescription or the instructions from doctor/therapist for providing specific panchakarma therapy					
	PC3. Help the patients in attaining a posture which is appropriate for providing the therapy					
	PC4. Be alert towards the patient's safety during a therapy session					
	PC5. Maintain patient's privacy throughout the procedure					
	PC6. Maintain accurate, legible and complete records					
	PC7. Take appropriate steps for handling emergencies that may arise during the panchakarma procedure					
	PC8. Adhere to legislation, protocols and guidelines relevant to one's role and field of practice					
	PC9. Seek supervision when situations are beyond one's competence and authority					
	Nos Total					
HSS/N3603:Paschat Karma of Panchkarma Therapy	<i>Patient cleaning as per therapist/doctor instructions</i>	20	10	8	5	43
	PC1. clean the patient's body post procedure as per organizational policies					
	PC2. maintain the patient's privacy throughout the procedure					
	PC3. provide clothes or appropriate attire to the patient as per organizational policies					
	<i>Provide support for follow up as per prescription</i>	15	10	8	5	38
	PC4.Refer to the prescription by the therapist/doctor regarding the next follow-up date					

	PC5. provide information to the patient about specific precautions to be taken in a home setting with respect to the specific panchakarma therapy as per instructions					
	PC6. maintain records for the next follow up					
	<i>Equipment and consumable maintenance and storage</i>	17	10	8	5	40
	PC7. Select an appropriate disinfection process for equipment in line with identified disinfection requirements and organizational policies and procedures PC8. Apply and maintain environmental standards while packing and storage of equipment and materials/consumables used					
	PC9. Use personal protective equipment while handling the equipment					
	PC10. Check linen for grease, stains, lint, identifying markers, damage, quality and wear					
	PC11. Segregate rejected linen for wash or condemning as required					
	<i>Maintain reflective report of panchakarma therapy session</i>	17	10	8	5	40
	PC12. Take feedback from the patient about the therapy session as per organizational policies and procedures					
	PC13. check the vitals of the patient post therapy and record it					
	PC14. Update the findings to the therapist/doctor or concerned authorities in case of deviation from normal findings					
	PC15. hand over patient documents or any relevant records to patient/care givers					
	PC16. Assess the emotional state of the patient post therapy and record it as per the organizational policies					
	PC17. list the modifications in the practices carried out during the session to the therapist/doctor					
	PC18. maintain records as per organizational policies					
	Nos Total	69	40	32	20	161

HSS/N3631:Support in day-to-day activity work at a unit	<i>Support in day to day activity in the unit</i>	15	10	6	5	36
	PC1.Maintains patient comfort and safety throughout procedures.					
	PC2.Monitors patients for adverse reactions and reports any concerns to the Ayurvedic practitioner					
	PC3.Provides clear and concise post-treatment instructions to patients.					
	PC4.Maintains strict hygiene and sanitation standards.					
	PC5.Conducts regular inventory checks to identify low stock levels					
	PC6.Check orders for supplies to ensure uninterrupted treatment services.					
	PC7.Ensures proper storage and labels to all inventory items to maintain freshness and potency.					
	PC8.Maintains organized and confidential patient records.					
	PC9.Reports any equipment malfunctions or safety concerns to the Ayurvedic practitioner or supervisor.					
	PC10. Check Files and documents in a timely and accurate manner.					
	Nos Total	15	10	6	5	36
HSS/N9617: Maintain a safe, healthy and secure working environment	<i>Complying the health, safety and security requirements and procedures for work place</i>	7		2	10	19
	PC1. Identify individual responsibilities in relation to maintaining workplace health safety and security requirements					
	PC2.comply with health, safety and security procedures for the workplace					
	PC3.comply with health, safety and security procedures and protocols for environmental safety					
	<i>Handling hazardous situation</i>	8		5	10	23
	PC4.identify potential hazards and breaches of safe work practices					
	PC5.identify and interpret various hospital codes for emergencies					

	PC6.Correct any hazards that the individual can deal with safely, competently and within the limits of authority					
	PC7.provide basic life support (BLS) and first aid in hazardous situations, whenever applicable					
	PC8.follow the organizations emergency procedures promptly, calmly, and efficiently					
	PC9.identify and recommend opportunities for improving health, safety, and security to the designated person					
	PC10.complete any health and safety records legibly and accurately					
	<i>Reporting any hazardous situation</i>	5		2	10	17
	PC11.report any identified breaches in health, safety, and security procedures to the designated person					
	PC12.promptly and accurately report the hazards that individual is not allowed to deal with to the relevant person and warn other people who may get affected					
	Nos Total	20		9	30	59
HSS/N9618 Follow biomedical waste disposal and infection control policies and procedures						
	<i>Classification of the waste generated segregation of biomedical waste, proper collection and storage of waste</i>	5		3	10	18
	PC1. handle, package, label, store, transport and dispose of waste appropriately to minimize potential for contact with the waste and to reduce the risk to the environment from accidental release					
	PC2. store clinical or related waste in an area that is accessible only to authorized persons					
	PC3. minimize contamination of materials, equipment and instruments by aerosols and splatter					
	<i>Complying with effective infection control protocols that ensure the safety of the patient(or end-user of health-related products/services)</i>	8		5	10	23
	PC4. apply appropriate health and safety measures following appropriate personal clothing and protective equipment for infection prevention and control					

	PC5. identify infection risks and implement an appropriate response within own role and responsibility in accordance with the policies and procedures of the organization					
	PC6. follow procedures for risk control and risk containment for specific risks. Use signs when and where appropriate					
	PC7. follow protocols for care following exposure to blood or other body fluids as required					
	PC8. remove spills in accordance with the policies and procedures of the organization					
	PC9. clean and dry all work surfaces with a neutral detergent and warm water solution before and after each session or when visibly soiled					
	PC10. demarcate and maintain clean and contaminated zones in all aspects of health care work					
	PC11. confine records, materials and medicaments to a well designated clean zone					
	PC12. confine contaminated instruments and equipment to a well designated contaminated zone					
	PC13. decontaminate equipment requiring special processing in accordance with quality management systems to ensure full compliance with cleaning, disinfection and sterilization protocols					
	PC14. replace surface covers where applicable					
	PC15. maintain and store cleaning equipment					
	PC16. report and deal with spillages and contamination in accordance with current legislation and procedures					
	<i>Maintaining personal protection and preventing the transmission of infections from person to person</i>	8		5	10	23
	PC17. maintain hand hygiene following hand washing procedures before and after patient contact /or after any activity likely to cause contamination					
	PC18. cover cuts and abrasions with waterproof dressings and change as necessary					
	PC19. change protective clothing and gowns/aprons daily, more frequently if soiled and where appropriate, after each patient contact					

	PC20. perform additional precautions when standard precautions alone may not be sufficient to prevent transmission of infection					
	Nos Total	21	0	13	30	64
DGT/VSQ/N0102, V1.0, Employability Skills (60 Hours)	<i>Introduction to Employability Skills</i>	20	30	0	0	50
	PC1. understand the significance of employability skills in meeting the job requirements					
	<i>Constitutional values – Citizenship</i>					
	PC2. identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices					
	Becoming a Professional in the 21st Century					
	PC3. explain 21st Century Skills such as Self-Awareness, Behavior Skills, Positive attitude, selfmotivation, problem-solving, creative thinking, time management, social and cultural awareness, emotional awareness, continuous learning mindset etc.					
	<i>Basic English Skills</i>					
	PC4. speak with others using some basic English phrases or sentences					
	Communication Skills					
	PC5. follow good manners while communicating with others					
	PC6. work with others in a team					
	<i>Diversity & Inclusion</i>					
	PC7. communicate and behave appropriately with all genders and PwD					
	PC8. report any issues related to sexual harassment					
	<i>Financial and Legal Literacy</i>					
	PC9. use various financial products and services safely and securely					
	PC10. calculate income, expenses, savings etc.					
	PC11. approach the concerned authorities for any exploitation as per legal rights and laws					
	<i>Essential Digital Skills</i>					
	PC12. operate digital devices and use its features and applications securely and safely					

	PC13. use internet and social media platforms securely and safely					
	<i>Entrepreneurship</i>					
	PC14. identify and assess opportunities for potential business					
	PC15. identify sources for arranging money and associated financial and legal challenges					
	<i>Customer Service</i>					
	PC16. identify different types of customers					
	PC17. identify customer needs and address them appropriately					
	PC18. follow appropriate hygiene and grooming standards					
	<i>Getting ready for apprenticeship & Jobs</i>					
	PC19. create a basic biodata					
	PC20. search for suitable jobs and apply					
	PC21. identify and register apprenticeship opportunities as per requirement					
	NOS Total	20	30	0	0	50
	Grand Total	350	200	150	300	1000

Annexure: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the Candidate on the required competencies of the program.

Mention the detailed assessment strategy in the provided template.

<1. Assessment System Overview:

- Batches assigned to the assessment agencies for conducting the assessment on SIDH or email.
- Assessment agencies send the assessment confirmation to TC looping SSC
- Assessment agency deploys the ToA certified Assessor to execute the assessment
- SSC monitors the assessment process & records

2. Testing Environment:

- Check the Assessment location, date and time
- If the batch size is more than 30, then there should be 2 Assessors.
- Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.

3. Assessment Quality Assurance levels/Framework:

- Question bank is created by the Subject Matter Experts (SME) are verified by the other SME
- Questions are mapped to the specified assessment criteria

- Assessor must be ToA certified & trainer must be ToT Certified
4. Types of evidence or evidence-gathering protocol:
- Time-stamped & geotagged reporting of the assessor from assessment location
 - Centre photographs with signboards and scheme specific branding
5. Method of verification or validation:
- Surprise visit to the assessment location
6. Method for assessment documentation, archiving, and access
- Hard copies of the documents are stored

Annexure: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
ISCO	International Standard Classification of Occupations
NCO	National Classification of Occupations
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework
OJT	On the Job Training

Glossary

Term	Description
National Occupational Standards (NOS)	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an individual performing that task should know and also do.
Qualification	A formal outcome of an assessment and validation process which is obtained when a competent body determines that an individual has achieved learning outcomes to given standards
Qualification File	A Qualification File is a template designed to capture necessary information of a Qualification from the perspective of NSQF compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
Sector	A grouping of professional activities on the basis of their main economic function, product, service or technology.
Long Term Training	Long-term skilling means any vocational training program undertaken for a year and above. https://ncvet.gov.in/sites/default/files/NCVET.pdf

Skill India Digital Hub (SIDH)	Skill India Digital Hub (SIDH) is specially designed and developed to skill, reskill and upskill Indian individuals through an online training platform, API-based trusted skill credentials, payment and discovery layers for jobs and entrepreneurial opportunities
Vocational Training Provider (VTP)	A Vocational Training Provider (VTP) is an organisation that offers training in a specific trade or skill.
Training Centre (TC)	A Training Centre (TC) is a training set up where learners undergo skills training related to a specific task or role.