





QUALIFICATION FILE

Community Sports Coach

☑ Short Term Training (STT) ☐ Long Term Training (LTT) ☐ Apprenticeship
☐ Upskilling ☐ Dual/Flexi Qualification ☐ For ToT ☐ For ToA
⊠General □ Multi-skill (MS) □ Cross Sectoral (CS) □ Future Skills □ OEM
NCrF/NSQF Level: 5
Submitted By:
Sports, Physical Education, Fitness and Leisure Sector Skill Council (SPEFL-SC) 207, DLF Galleria Mall, Mayur Vihar Extension, Delhi- 110091

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Qualification File-STT Section 1: Basic Details

1.	Qualification Name	Community Sports Coach						
2.	Sector/s	Sp	orts					
3.	Type of Qualification: ☑ New ☐ Revised ☐ Has Electives/Options		QR Code & version of isting/previous qualification:	Qualification Name of existing/previous version:				
	□OEM		nange to previous, once approved)	70.0.0	•			
4.	a. OEM Name b. Qualification Name (Wherever applicable)	NA		ı				
5.	National Qualification Register (NQR) Code &Version (Will be issued after NSQC approval)	QG	G-05-SP-00673-2023-V1.1-SPEFLSC	6. NCr	F/NSQF Level: 5			
7.	Award (Certificate/Diploma/Advance Diploma/ Any Other (Wherever applicable specify multiple entry/exits also & provide details in annexure)	Се	rtificate					
8.	Brief Description of the Qualification		mmunity Sports Coach promotes sports lividual plans and organizes basic sports					
9.	Eligibility Criteria for Entry for Student/Trainee/Learner/Employee	a.	Entry Qualification & Relevant Expe	rience:				
		S. No.	Academic/Skill Qualification (v. Specialization - if applicable		Required Experience (with Specialization - if applicable)			
		1.	Completed 2nd-year of diploma after 1	0th				
			Pursuing 2nd year of 2-year diploma at	fter 12th				
		2.	12th Class pass		2 Years of experience in sports coaching in school/ colleges, sports academies, NGO working in the field of sports			
		3.	10th Class pass		4 Years of experience in sports coaching in school/ colleges, sports academies, NGO working in the field of sports			
		4.	Certificate-NSQF (Level 4 - Fitness Tra	ainer)	3 Years of experience in fitness and sports coaching in school/ colleges, sports academies, NGO working in the field of sports			

		b. Age: 18						
10.	Credits Assigned to this Qualification, Subject to Assessment (as per National Credit Framework (NCrF))	19		11.	Common Cos (wherever app			/III)
12.	Any Licensing requirements for Undertaking Training on This Qualification (wherever applicable)	NA						
13.	Training Duration by Modes of Training Delivery (Specify Total Duration as per selected training delivery modes and	⊠Offline □Online (Refer Blended Learni		for details)				
	as per requirement of the qualification)	Training Delivery Modes	Theory (Hours)	Practical (Hours)	OJT Man. (Hours)	OJT Rec. (Hours)	ES (Hours)	Total (Hours)
		Classroom (offline) Online	150	270	60	-	90	570
14.	Aligned to NCO/ISCO Code/s (if no code is available mention the same)	NCO-2015/3422.9900	<u> </u>	1		<u> </u>		
15.	Progression path after attaining the qualification (Please show Professional and Academic progression)	Level-6 (Vertical)- Stre	ength and Co	nditioning Co	oach			
16.	Other Indian languages in which the Qualification & Model Curriculum are being submitted	Hindi						
17.	Is similar Qualification(s) available on NQR-if yes, justification for this qualification	☐ Yes ☑ No URLs of similar Qualifications:						
18.	Is the Job Role Amenable to Persons with Disability	☐ Yes ☑ No If "Yes", specify appl	licable type	of Disability	:			
19.	How Participation of Women will be Encouraged	If "Yes", specify applicable type of Disability: Encouraging the participation of women in the Community Sports Coach job role can be achieved through several strategies aimed at creating an inclusive and welcoming environment. Here are some ways to promote and support the participation of women as a Community Sports Coach: 1. Actively reach out to women's fitness academies, clubs to promote the Community Sports Coach job role. Participate in career fairs, networking events, and sports clubs to engage with potential candidates.						

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		 Offer training and development programs specifically designed to enhance the skills and knowledge required for the Community Sports Coach role. Provide equal opportunities for women to participate in these programs, ensuring they have the necessary expertise to excel in the position. Establish mentorship programs that pair aspiring female Community Sports Coach with experienced professionals who can provide guidance, support, and career advice. Highlight successful women who have excelled in the field as role models and showcase their achievements to inspire and motivate others. Collaborate with organizations that promote women's empowerment and gender equality. Seek sponsorship and funding to support initiatives aimed at encouraging women's participation such as scholarships or mentorship programs.
20.	Are Greening/ Environment Sustainability Aspects	⊠ Yes □ No
	Covered (Specify the NOS/Module which covers it)	
21.	Is Qualification Suitable to be Offered in	Schools ⊠ Yes □ No Colleges ⊠ Yes □ No
	Schools/Colleges	
22.	Name and Contact Details of Submitting / Awarding	Name: Priya Dwivedi
	Body SPOC	Email: Priya.dwivedi@sportsskills.in
	(In case of CS or MS, provide details of both Lead AB &	Contact No.: 011-47563351
	Supporting ABs)	Website: www.sportsskills.in
23.	Final Approval Date by NSQC: 20/11/2020	24. Validity Duration: 3 Years 25. Next Review Date: 20/11/2023

Qualification File-STT

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Section 2: Module Summary

NOS/s of Qualifications

(In exceptional cases these could be described as components)

SPF/N1114: Plan a sports coaching programme

SPF/N1115: Deliver sports coaching sessions

SPF/N1116: Review the Sports Coaching Programme

SGJ/N1702: Optimize resource utilization at workplace

DGT/VSQ/N0103: Employability Skills (90 Hours)

Mandatory NOS/s:

Specify the training duration and assessment criteria at NOS/ Module level. For further details refer curriculum document.

Th.-Theory Pr.-Practical OJT-On the Job Man.-Mandatory Training Rec.-Recommended Proj.-Project

S.	NOS/Module Name	NOS/Modu	Core	NCrF/	Credits	Tr	aining [Ouration	(Hour	s)			Assessi	ment Ma	arks	
N o.		le Code & Version (if applicable)	/ Non- Core	NSQF Level	as per NCrF	Th.	Pr.	OJT- Man.	OJ T- Re c.	Total	Th.	Pr.	Proj.	Viva	Total	Weightage (%) (if applicable)
1.	Plan a sports coaching programme	SPF/N1114 , v2.0	Core	5	3	45	45	-	-	90	38	94			132	24
2.	Deliver a Series of sports coaching sessions	SPF/N1115 , v2.0	Core	5	7	60	120	30	-	210	63	142			205	37
3.	Review the Sports Coaching Programme	SPF/N1116 , v2.0	Core	5	5	30	90	30	-	150	36	88			124	23
4.	Optimize resource utilization at workplace	SGJ/N1702 , v1.0	Non- core	3	1	15	15	-	-	30	13	26			39	7
5.	Employability Skills (90 Hours)	DGT/VSQ/ N0103, v1.0	Non- core	5	3	45	45	-	-	90	20	30			50	9
Du	ration (in Hours) / Total Ma	rks			19	195	315	60		570	170	370			550	100

Assessment - Minimum Qualifying Percentage

Please specify any one of the following:

Minimum Pass Percentage – Aggregate at qualification level: ____70__% (Every Trainee should score specified minimum aggregate passing percentage at qualification level to successfully clear the assessment.)

Minimum Pass Percentage – NOS/Module-wise: <u>70</u>% (Every Trainee should score specified minimum passing percentage in each mandatory and selected elective NOS/Module to successfully clear the assessment.)

Section 3: Training Related

1.	Trainer's Qualification and experience in the	Class 10th pass with specialization in popular sports or indigenous games or fitness & conditioning
	relevant sector (in years) (as per NCVET	with 1 year of academic/industry experience and 1 year of training experience.
	guidelines)	
2.	Master Trainer's Qualification and experience	Class 12th pass with specialization in fitness & conditioning with 2 year of academic/industry
	in the relevant sector (in years) (as per NCVET	experience and 1 year of training experience.
	guidelines)	
3.	Tools and Equipment Required for Training	⊠Yes □No (If "Yes", details to be provided in Annexure)
4.	In Case of Revised Qualification, Details of	NA NA
	Any Upskilling Required for Trainer	

Section 4: Assessment Related

1.	Assessor's Qualification and experience in relevant sector (in years) (as per NCVET guidelines)	BPED/ BPE/ Graduate/ NIS Diploma with specialization in fitness & conditioning with 2 years of academic/industry experience and 1 year of training experience.
2.	Proctor's Qualification and experience in	
	relevant sector (in years) (as per NCVET	
	guidelines)	
3.	Lead Assessor's/Proctor's Qualification and	
	experience in relevant sector (in years) (as per	
	NCVET guidelines)	
4.	Assessment Mode (Specify the assessment	Theoretical and Practical Assessment
	mode)	
5.	Tools and Equipment Required for	☑ Same as for training ☐ Yes ☐ No (details to be provided in Annexure-if it is different for ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
	Assessment	Assessment)

Qualification File-STT Section 5: Evidence of the need for the Qualification

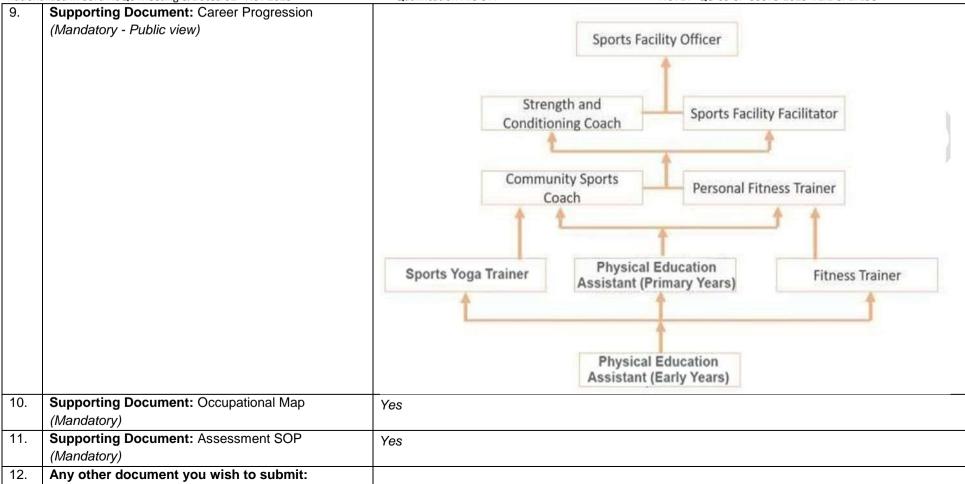
Provide Annexure/Supporting documents name.

1.	Latest Skill Gap Study (not older than 2 years) (Yes/No): Work in Progress
2.	Latest Market Research Reports or any other source (not older than 2 years) (Yes/No):
3.	Government /Industry initiatives/ requirement (Yes/No): Yes
4.	Number of Industry validation provided: 30
5.	Estimated nos. of persons to be trained and employed: 200 in three years
6.	Evidence of Concurrence/Consultation with Line Ministry/State Departments:
	If "No", why: SPEFL-SC submitted the qualification for the line ministry concurrence.

Section 6: Annexure & Supporting Documents Check List

Specify Annexure Name / Supporting document file name

1.	Annexure: NCrF/NSQF level justification based on	Yes
	NCrF level/NSQF descriptors (Mandatory)	
2.	Annexure: List of tools and equipment relevant for	Yes
	qualification (Mandatory, except in case of online	
	course)	
3.	Annexure: Detailed Assessment Criteria	Yes
	(Mandatory)	
4.	Annexure: Assessment Strategy (Mandatory)	Yes
5.	Annexure: Blended Learning (Mandatory, in case	-
	selected Mode of delivery is "Blended Learning")	
6.	Annexure: Multiple Entry-Exit Details (Mandatory, in	-
	case qualification has multiple Entry-Exit)	
7.	Annexure: Acronym and Glossary (Optional)	Yes
8.	Supporting Document: Model Curriculum	Yes
	(Mandatory – Public view)	



Annexure: Evidence of Level

NCrF/NSQF Level Descriptors	Key requirements of the job role/ outcome of the qualification	How the job role/ outcomes relate to the NCrF/NSQF level descriptor	NCrF/NSQF Level
Professional Theoretical Knowledge/Process Professional and Technical Skills/	A Community Sports Coach must be able to establish key performance factors and participant needs, Involve participants in planning and analysis, Set program goals appropriate to performance factors and participant needs, Design and plan coaching programs to achieve program goals, Plan the resources needed for coaching programs, Plan how to evaluate coaching programs, Review participant needs, Produce a series of coaching sessions to meet participant needs, Plan how to evaluate coaching sessions, Follow organization procedures with respect to security, materials handling and accidents. The Community Sports Coach needs to know and	The job requires well developed skill, with a clear choice of procedures in a familiar context which involves the coach ideating and developing coaching schedules. The Community Sports Coach requires knowledge, skills and aptitudes that are needed to carry out coaching sessions both outdoor and indoor like marking safe areas, but also ones where problems may arise like rescue situation or unforeseen weather changes or dealing with injury. Coaches must be able to make choices about the best procedures to adopt to address problems where the choices are clear. The Community Sports Coach must have	5
Expertise/ Professional Knowledge	have thorough understanding of the rules of the sport, Ability to play the sport at a basic required level, Various techniques of the sport, understanding of training curriculum, Ability to structure trainings according to requirements of sports players, Administration of basic first aid, Basic anatomy and physiology, Physical abilities and fitness requirements, Accepted best practices in sports training, Injury management, Industry standards that enable the provision of a safe environment for players.	knowledge of facts, principles, processes and general concepts, in a field of work or study. The coach is responsible for completion of their own work and expected to learn and improve their performance on the job. They will require well-developed practical and cognitive skills to complete their work such as creating training schedules based on the age, abilities and skill levels of the participants. They may also have some responsibility for others' work and learning like those of the participants and sometimes the PATs who might be assisting them.	

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Employment Readiness &	The Community Sports Coach needs to know and	The Community Sports Coach must possess a	5
Entrepreneurship	decide the amount and type of technical training the	range of cognitive and practical skills required to	
Skills & Mind-set/Professional Skill	players and teams should undergo. The	give technical competence to the participants in	
	user/individual on the job needs to know and	his or her program and solve problems by	
	understand how to plan and organize Sessions and	selecting and applying basic methods, tools,	
	programs to meet players' needs and guide their	materials and information. Individuals employed	
	development. The user/individual on the job needs	to carry out these jobs will be expected to be able	
	to know and understand how to interact with the	to communicate clearly in speech and writing and	
	stakeholders (teams, players, associations, parents)	may be required to apply mathematical	
	and maintain harmony during coaching sessions.	processes. They should also be able to collect and	
	Should have the ability to analyze the technical	organise information to communicate about the	
	and tactical aspect of the performance based on	work. They will solve problems by selecting and	
	mental, physical state and training needs of	applying methods, tools, materials and	
	players.	information.	
Broad Learning Outcomes/Core	The Community Sports Coach on the job needs to	Desired mathematical skill; understanding	5
Skill	know and understand how to prepare concise	of social, political; and some skill of	
	analytical reports on player/ team performance.	collecting and organising information,	
	He/she should be able to read and comprehend	communication.	
	modules on standard training procedures. The	S/he must be able to communicate and	
	user/individual on the job needs to know and	demonstrate the previous knowledge and skills	
	understand how to communicate in a clear and	in the occupation, and know the application of	
	polite manner with players, instruct players with	facts, principles, processes and general	
	clear and easy to understand instructions of the	concepts in the occupation. They are expected	
	sport, maintain good working relationship with	to conduct themselves in ways which show an	
	players, other coaches, administrators and parents,	understanding of the social and political	
	and have the ability Listen to and understand any	environment.	
	challenges faced by players		
Responsibility	A Community Sports Coach provides direction,	Responsibility for own work and learning and	5
	instruction and training of the operations of a sports	some responsibility for others' works and	
	team or of individual sportspeople. Ensure the safety	learning. They are expected to understand the	
	of the young people participating in his sessions and	quality of the work that needs to be delivered.	
	provide first aid as and when needed.	They are expected to operate hygienically and	
	A sports coach must adhere to child protection	demonstrate an understanding of	
	legislation of the state and policies of the	environmental issues. They will take account of	
	government.	health and safety issues as they affect the	
	Ĭ	work they carry out or supervise.	
	1	- 1 1	

Annexure: Tools and Equipment (Lab Set-Up)

List of Tools and Equipment **Batch Size:**

Sno.	Name of Equipment	Minimum No.of Equipment required (per batch of 30)	Specification	Mandatory Equipment
1	Plyometric box	3	Standard	No
2	Kho Kho posts	1	Standard	Yes
3	Volleyball Posts	1	Standard	No
4	Football Goal posts	2	Standard	No
5	Referee Cards (Football)	2	Standard	No
6	Stop Watch	2	Standard	Yes
7	Sit and Reach Box	2	Standard	Yes
8	Assistant Referee Flags (Football)	2	Standard	No
9	Cricket Leather Ball	8	Standard	No
10	Ball storage cage	1	Standard	Yes
11	Storage cupboards - sandook	1	Standard	No
12	Measuring Tape 30 Mtrs	1	Standard	Yes
13	Height Scale	2	Standard	Yes
14	Weighing Scale	2	Standard	Yes
15	Foot pump	2	Standard	Yes

<Approved in 3rd NSQC Meeting & Dated 20th Nov 2022>
<Rationalized in 33rd NSQC Meeting & Dated 01st Nov 2023>

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		2	Standard	Yes		
16	First aid kit	2	Standard	Yes		
17	Whistle	4	Standard	Yes		
18	Cricket stump set	8	Standard	Yes		
19	Wooden cricket bat	6	Standard	Yes		
20	Plastic cricket bat	45	Standard	Yes		
21	Tennis ball	30	Standard	Yes		
22	Nylon bibs	4	Standard	Yes		
23	Ball Storage Duffel/Tote Bag	4	Standard	Yes		
24	2 KG. Medicine Ball	6	Standard	Yes		
25	Rugby ball	6	Standard	Yes		
26	Throw Ball	1	Standard	Yes		
27	Volleyball net	8	Standard	Yes		
28	PU volleyball - Size 5	8	Standard	Yes		
29	PU hand stitched football - Size 5	8	Standard	Yes		
30	PU hand stitched football - Size 4	4	Standard	Yes		
31	Basketball -Size 7	4	Standard	Yes		
32	Basketball - Size 5	6	Standard	Yes		
33	Frisbee	10	Standard	Yes		
34	Skipping rope	2	Standard	Yes		
35	Relay batons	30	Standard	Yes		

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36	Yoga mats	4	Standard	Yes
37	Gym mat	2	Standard	No
38	Training Arch (without base)	8	Standard	No
39	12" step hurdle	8	Standard	No
40	9" step hurdle	20	Standard	No
41	Joining Clips	8	Standard	No
42	Flexi poles with modified base	20	Standard	Yes
43	Bean bags	20	Standard	No
44	Bean bags - scarf	20	Standard	No
45	Marking cones	30	Standard	Yes
46	Saucer cone	10	Standard	Yes
47	Flat ring	20	Standard	Yes
48	Multicolored hula hoops	20	Standard	Yes

Classroom Aids

The aids required to conduct sessions in the classroom are:

- 1. Laptop
- 2. Whiteboard
- 3. Marker
- 4. Projector
- 5. Chart paper
- 6. Clipboards
- 7. Height & Weight chart

Annexure: Industry Validations Summary

Provide the summary information of all the industry validations in table. This is not required for OEM qualifications.

S. No	Organization Name	Representative Name	Designation	Contact Address	Contact Phone No	E-mail ID	LinkedIn Profile (if available)
1	Sportz Village Foundation	Parminder Gill	Co-Founder	Karnataka	9890077340	Parminder@sportzvillage.com	
2	Naz Foundation	Vivek Gaur	Sr. Manager	New Delhi	9818180362	vivek@nazindia.org	
3	Art Of Play Foundation	Anish Mukherjee	Director	New Delhi	8478919061	anish@artofplay.co.in	
4	Stairs Foundation	Siddhartha Upadhyay	Founder	New Delhi	9350852560	siddhartha@upadhyay.com	
5	Ace Fit Academy	K. Hariharan	Managing Director	Tamilnadu	9500031135	hari@acefitacademy.com	
6	Thamizan Football Club Pvt. Ltd.	A M Imran khan	Founder & MD	Tamilnadu	7867987001	thamizanfc@outlook.com	
7	Yuva Parivartan	Rajnikant	Sr. Manager	Maharashtra	9820154757	rajni.kant@yuvaparivartan.org	
8	Humanity Care Foundation	Anirudh Tiwari	Director	Maharashtra	9819482231	hclpowai@gmail.com	
9	Jungle Cubs Gym	Rishiket	Founder	Maharashtra	9664890057	junglecubsgym7@gmail.com	
10	SportsFirst Services Pvt. Ltd.	Virender Singh	Co-founder	Haryana	9812086766	viren@sportsfirst.in	
11	Fit Sculpture	Bhagyashree	Director	Telangana	7869964921	bhagyashree@fitsculpture.com	
12	Tiruchirapalli Multipurpose Social Service Society	Fr.B. John. Selvaraj	Director	Tamilnadu	9786640745	tmsssm@gmail.com	
13	Edusports	Krish Iyengar	Business Head	Karnataka	8040473306	krish.iyengar@edusports.in	
14	SportzConsult	Bharti Pandya	Admin Manager	Maharashtra	9702496778	bharti@sportzvillage.com	
15	Sportz village Schools	Saumil Mazmudar	CEO	Karnataka	8040473315	Saumil@sportzvillage.com	
16	Yoti Foundatin	Pratap Singh	Director	New Delhi	9911955109	pratap@yotifoundation.in	
17	Aainball Federation	Pratap Singh	Director	New Delhi	9911955109	pratap@yotifoundation.in	
18	Family for Football	Sangam chettri	Secretary	West Bengal	9832316266	info@familyforfootball.com	

Qualification File-STT

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19	Sports XP	Manoj George	Revenue Head	Maharashtra	9972466643	manu@sportzvillage.com
20	Gaya Fitness Private Ltd.	Gautam Ramdas	Founder	Tamilnadu	9840733332	gautam.ramdas@gmaill.com
21	ELMS Sports Foundation	Kamlesh Mehta	Director	Maharashtra	9820070244	kamlesh.mehta@elmssportsfoundation.com
22	SoftZeal Private Limited	Daulat Bafana	CMD	Maharashtra	9960256025	daulat.bafana@softzeal.com
23	SM Sportathon Private Limited	Vijay Sharma	Co-Founder	New Delhi	9595137533	vijay@sportathon.in
24	Ignite Foundation	Prem Shankar	Trustee	New Delhi	9811250294	prem.shankar@ignitefoundation.org
25	Voice Of Slum	Dev Pratap	CEO	Uttar Pradesh	7291052521	dev@voiceofslum.org
26	Baba Kedarnath Memorial Society	Aditya Srivastava	Treasurer	Uttar Pradesh	8010054746	info@ishaancollege.com
27	Lakshay Jeevan Jagriti	Summaiya Afreen	Director	New Delhi	8377833458	summaiyaafreen@gmail.com
28	Primus Infracon Pvt Ltd	Dharam Bhadana	Manager	Uttar Pradesh	9910778405	primus@gmail.com
29	Sudeva NGO	Anuj Gupta	Trustee	New Delhi	8800722118	anuj.gupta@sudeva.in
30	Ummeed	V.Venkatesh	Founder	New Delhi	9999897779	ummeed.hope2015@gmail.com

Annexure: Training & Employment Details **Training and Employment Projections:**

Year	Total	Candidates		Women	People with Disability		
	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	Estimated Training #	Estimated Employment Opportunities	
2021	50	50	10	10	-	-	
2022	75	75	15	15	-	-	
2023	75	75	15	15	-	-	

Data to be provided year-wise for next 3 years

Training, Assessment, Certification, and Placement Data for previous versions of qualifications:

Qualification	Year Total Candidates Women			Total Candidates				People with Disability					
Version		Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed	Trained	Assessed	Certified	Placed

Applicable for revised qualifications only, data to be provided year-wise for past 3 years.

1.

2.

Content availability for previous versions of qualifications:												

 $\ \ \, \Box \ \, \text{Participant Handbook} \ \ \, \Box \ \, \text{Facilitator Guide} \ \, \Box \ \, \text{Digital Content} \ \ \, \Box \ \, \text{Qualification Handbook} \ \ \, \Box \ \, \text{Any Other:}$

Languages in which Content is available:

Qualification File-STT
Annexure: Blended Learning

Blended Learning Estimated Ratio & Recommended Tools:

Refer NCVET "Guidelines for Blended Learning for Vocational Education, Training & Skilling

S. No.	Select the Components of the Qualification	List Recommended Tools – for all Selected Components	Offline : Online Ratio
-			
1	☐Theory/ Lectures - Imparting theoretical and conceptual knowledge		
2	□Imparting Soft Skills, Life Skills, and Employability Skills /Mentorship to Learners		
3	☐Showing Practical Demonstrations to the learners		
4	□Imparting Practical Hands-on Skills/ Lab Work/ workshop/ shop floor training		
5	□Tutorials/ Assignments/ Drill/ Practice		
6	□Proctored Monitoring/ Assessment/ Evaluation/ Examinations		
7	☐On the Job Training (OJT)/ Project Work Internship/ Apprenticeship Training		

Annexure: Detailed Assessment Criteria

Detailed assessment criteria for each NOS/Module are as follows:

SPF/N1114: Plan a sports coaching programme

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Determine community and participants needs	12	18	-	-
PC1. establish community's goals for a sports coaching programme	4	6	_	_
PC2. identify participants' needs and potential	6	6 4	-	-

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PC3. analyze collected information	2	8	-	-
Design sports coaching programme	15	35	-	-
PC4. establish appropriate goals for each participant		_		
	4	6	-	-
PC5. develop programme structures which encourage participants' development and retention	3	7	-	-
PC6. define training plan to enhance the participant's sports skills and fitness levels	2	8	_	-
PC7. identify sports and activities appropriate for participants with special	_			
needs and disabilities	4	6	-	-
PC8. prepare a detailed plan with equipment, manpower support and play spaces required to execute the coaching programme	2	8	-	-
Plan for a safe coaching environment	11	41	-	-
PC9. identify and allocate a safe place to conduct coaching programme	2	4	-	-
PC10. identify methods to minimize potential risks which may arise during the coaching programme	2	8	-	-
PC11. ensure availability of special and customized equipment for participants with special needs and disabilities	1	5	-	-
PC12. plan regular inspection of play space, facilities and equipment for cleanliness, safety and usage	2	8	-	-
PC13. establish an agreement with the nearby medical facility for emergency situations	2	8	-	-
PC14. ensure the protocols are followed in case of any medical emergencies			_	_
NOS Total	40	8 110		
INOS I Ulai	40	110		
				1

SPF/N1115: Deliver sports coaching sessions

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Prepare for sports coaching sessions	16	49	-	-
PC1. ensure the required sports equipment and accessories are available	0	7		
PC2. set up equipment safely for the planned activity(s)	3	7	-	-
PC3. undertake safety checks to ensure the coaching environment meets the required standards	3	7	-	-
PC4. explain the emergency procedures to the participants	2	8	-	-
PC5. ensure first aid kit is complete and easily accessible	2	8	-	-
PC6. inform participants of individual and session goals	2	3	-	-
PC7. check if participants' outfits are appropriate for the planned sports and activities	2	8	-	-
Conduct sports coaching sessions	39	61	-	-
PC8. conduct appropriate warm-up and lead-up activities	4	6	-	-
PC9. change the delivery plans as per the circumstances/needs	4	6	_	_
PC10. apply coaching techniques and strategies as per the training plan	4	6	-	-
PC11. provide opportunities for the active involvement of all participants	4	5	_	_
PC12. ensure participants respect the opposite gender while playing contact sports	5	6	-	-

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PC13. interact with participants using gender- sensitive, non-discriminatory language	4	6	-	-
PC14. treat all participants equally irrespective of gender and disability	4	8	-	-
PC15. identify alternative activities as appropriate to meet changing needs of participants	2	6	-	-
PC16. use appropriate cool down activities to end the sessions	4	6	-	-
PC17. conclude every session summarizing participants' progress and areas of improvement	4	6	-	-
Maintain hygiene and sanitation	8	32	-	-
PC18. ensure personal hygiene	1	4	-	-
PC19. ensure equipment, work area, restrooms etc. are sanitized before and after sessions	1	4	-	-
PC20. educate others about hygiene and sanitation regulatory and workplace requirements	1	4	-	-
PC21. check availability of running water, hand wash and alcohol-based sanitizers at work area	1	4	-	-
PC22. ensure everyone (self, participants, assistants etc.) clean hands before and after session	1	4	-	-
PC23. ensure that participants who are ill do not attend the sessions	1	4	-	-
PC24. conduct routine hygiene and sanitation checks of work area and equipment	1	4	-	-
PC25. report advanced hygiene and sanitation issues to appropriate authority	1	4	-	-

8		40 00		
NOS Total	63	142	•	-

SPF/N1116: Review the sports coaching programme

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Evaluate the participants' progress	20	60	-	-
PC1. identify the assessment metrics to conduct assessment for all components of fitness and skill	3	10	-	-
PC2. conduct matches and tournaments to assess the skills of each participant	3	10	-	-
PC3. record peer feedback on behavioral changes	3	10	-	-
PC4. prepare the fitness report for each participant which summarizes their performance, progress, achievements and areas of improvement	3	10	-	-
PC5. conduct personal feedback session for all participants	3	6	-	-
PC6. set achievable goals of improvement for each participant	3	7	-	-
PC7. design strategies and training methods to address areas of development	2	7	-	-
Evaluate the effectiveness of the program	16	28	-	-
PC8. collect information from appropriate sources on the effectiveness of the coaching methodology	5	10	-	-
PC9. review the data on retention of participants	6	10	-	-
PC10. analyze the findings to make modifications to the coaching programme	5	8	-	-

NOS Total	36	88	-	-

SGJ/N1702: Optimize resource utilization at workplace

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Material conservation practices	4	8		
PC1. identify ways to optimize usage of material including water in various tasks/activities/processes	1	2	-	-
PC2. check for spills/leakages in various tasks/activities/processes	1	2	-	-
PC3. plug spills/leakages and escalate to appropriate authority if unable to rectify	1	2	-	-
PC4. carry out routine cleaning of tools, machines and equipment	1	2	-	-
Energy/electricity conservation practices	4	8		
PC5. identify ways to optimize usage of electricity/energy in various tasks/activities/processes	1	2	-	-
PC6. check if the equipment/machine is functioning normally before commencing work and rectify wherever required	1	2	-	-
PC7. report malfunctioning (fumes/sparks/emission/vibration/noise) and lapse in maintenance of equipment	1	2	-	-
PC8. ensure electrical equipment and appliances are properly connected and turned off when not in use	1	2	-	-
Effective waste management/recycling practices	5	10		
PC9. identify recyclable and non-recyclable, and hazardous waste generated	1	2	-	-
PC10. segregate waste into different categories	1	2	-	-
PC11. dispose non-recyclable waste appropriately	1	2	-	-

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PC12. deposit recyclable and reusable material at identified location	1	2		
PC13. follow processes specified for disposal of hazardous waste	1	2	•	-
NOS TOTAL	13	26	-	-

DGT/VSQ/N0103: Employability Skills (90 Hours)

Assessment Criteria for Outcomes	Theory Marks	Practical Marks	Project Marks	Viva Marks
Introduction to Employability Skills	1	1		
PC1. understand the significance of employability skills in meeting the job requirements	-	-	-	-
PC2. identify and explore learning and employability portals	-	-	-	-
PC3. research about the different industries, job market trends, latest skills required and the available opportunities	-	-	-	-
Constitutional values – Citizenship	1	1	-	-
PC4. identify constitutional values, civic rights, duties, personal values and ethics and environmentally sustainable practices	-	-	-	-
PC5. follow environmentally sustainable practices				
Becoming a Professional in the 21st Century	1	3	-	-
PC6. recognize the significance of 21st Century Skills for employment	-	-	-	-
PC7. practice the 21st Century Skills such as Self Awareness, Behavior Skills, time management, critical and adaptive thinking, problem-solving, creative thinking, social and cultural awareness, emotional awareness, learning to learn for continuous learning etc. in personal and professional life	-	-	-	-
PC8. adopt a continuous learning mindset for personal and professional development				
Basic English Skills	3	4	-	-
PC9. use basic English for everyday conversation in different contexts, in person and over the telephone	-	-	-	-
PC10. read and understand routine information, notes, instructions, mails, letters etc. written in English	-	-	-	-
PC11. write short messages, notes, letters, e-mails etc. in English	-	-	-	-

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Career Development & Goal Setting	1	2	-	-
PC12. identify career goals based on the skills, interests, knowledge, and personal attributes	-	-	-	-
PC13. prepare a career development plan with short- and long-term goals	-	-	-	-
Communication Skills	2	2	-	-
PC14. follow verbal and non-verbal communication etiquette and active listening techniques in various settings	-	-	-	-
PC15. use active listening techniques for effective communication	-	-	-	-
PC16. communicate in writing using appropriate style and format based on formal or informal requirements	-	-	-	-
PC17. work collaboratively with others in a team	-	-	-	-
Diversity & Inclusion	3	5	-	-
PC18. communicate and behave appropriately with all genders and PwD	-	-	-	-
PC19. escalate any issues related to sexual harassment at workplace according to POSH Act	-	-	-	-
Financial and Legal Literacy	2	3		
PC20. identify and select reliable institutions for various financial products and services such as bank account, de	-	-	-	-
PC21. carry out offline and online financial transactions, safely and securely, using various methods and check the entries in the passbook	-	-	-	-
PC22. identify common components of salary and compute income, expenses, taxes, investments etc	-	-	-	-
PC23. identify relevant rights and laws and use legal aids to fight against legal exploitation			-	-
Essential Digital Skills	3	5	-	-
PC24. operate digital devices and use their features and applications securely and safely	-	-	-	-
PC25. carry out basic internet operations by connecting to the internet safely and securely, using the mobile data or other available networks through Bluetooth, Wi-Fi, etc.	-	-	-	-
PC26. display responsible online behaviour while using various social media platforms	-	-	-	-
PC27. create a personal email account, send and process received messages as per requirement	-	-	-	-
* *		1		

PC28. carry out basic procedures in documents, spreadsheets and presentations using respective and appropriate applications	-	-	-	-
PC29. utilize virtual collaboration tools to work effectively	-	-	-	-
Entrepreneurship	2	3	-	-
PC30. identify different types of Entrepreneurship and Enterprises and assess opportunities for potential business through research	-	-	-	-
PC31. develop a business plan and a work model, considering the 4Ps of Marketing Product, Price, Place and Promotion	-	-	-	-
PC32. identify sources of funding, anticipate, and mitigate any financial/ legal hurdles for the potential business opportunity	-	-	-	-
Customer Service	1	2	-	-
PC33. identify different types of customers and ways to communicate with them	-	-	-	-
PC34. identify and respond to customer requests and needs in a professional manner	-	-	-	-
PC35. use appropriate tools to collect customer feedback	-	-	-	-
PC36. follow appropriate hygiene and grooming standards	-	-	-	-
Getting ready for apprenticeship & Jobs	2	3	-	-
PC37. create a professional Curriculum vitae (Résumé)	-	-	-	-
PC38. search for suitable jobs using reliable offline and online sources such as Employment exchange, recruitment agencies, newspapers etc. and job portals, respectively	-	-	-	-
PC39. apply to identified job openings using offline /online methods as per requirement	-	-	-	-
PC40. answer questions politely, with clarity and confidence, during recruitment and selection	-	-	-	-
PC41. identify apprenticeship opportunities and register for it as per guidelines and requirements	-	-	-	-
NOS TOTAL	20	30	-	-







Annexure: Assessment Strategy

This section includes the processes involved in identifying, gathering, and interpreting information to evaluate the Candidate on the required competencies of the program.

Mention the detailed assessment strategy in the provided template.

- <1. Assessment System Overview:
 - Batches assigned to the assessment agencies for conducting the assessment on SIP or email
 - Assessment agencies send the assessment confirmation to VTP/TC looping SSC
 - Assessment agency deploys the ToA certified Assessor for executing the assessment
 - SSC monitors the assessment process & records
- 2. Testing Environment:
 - · Check the Assessment location, date and time
 - If the batch size is more than 30, then there should be 2 Assessors.
 - Check that the allotted time to the candidates to complete Theory & Practical Assessment is correct.
- 3. Assessment Quality Assurance levels/Framework:
 - Question bank is created by the Subject Matter Experts (SME) are verified by the other SME
 - Questions are mapped to the specified assessment criteria
 - Assessor must be ToA certified & trainer must be ToT Certified
- 4. Types of evidence or evidence-gathering protocol:
 - Time-stamped & geotagged reporting of the assessor from assessment location
 - Centre photographs with signboards and scheme specific branding
- 5. Method of verification or validation:
 - Surprise visit to the assessment location
 - 6. Method for assessment documentation, archiving, and access
 - Hard copies of the documents are stored

On the Job:

- 1. Each module (which covers the job profile of Automotive Service Assistant Technician) will be assessed separately.
- 2. The candidate must score 60% in each module to successfully complete the OJT.
- 3. Tools of Assessment that will be used for assessing whether the candidate is having desired skills and etiquette of dealing with customers, understanding needs & requirements, assessing the customer and perform Soft Skills effectively:
 - Videos of Trainees during OJT

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- 4. Assessment of each Module will ensure that the candidate is able to:
- Effective engagement with the customers
- Understand the working of various tools and equipment

Annexure: Acronym and Glossary

Acronym

Acronym	Description
AA	Assessment Agency
AB	Awarding Body
ISCO	International Standard Classification of Occupations
NCO	National Classification of Occupations
NCrF	National Credit Framework
NOS	National Occupational Standard(s)
NQR	National Qualification Register
NSQF	National Skills Qualifications Framework
OJT	On the Job Training

Glossary

Term	Description
National Occupational	NOS define the measurable performance outcomes required from an individual engaged in a particular task. They list down what an
Standards (NOS)	individual performing that task should know and also do.
Qualification	A formal outcome of an assessment and validation process which is obtained when a
	competent body determines that an individual has achieved learning outcomes to given standards
Qualification File	A Qualification File is a template designed to capture necessary information of a Qualification from the perspective of NSQF
	compliance. The Qualification File will be normally submitted by the awarding body for the qualification.
Sector	A grouping of professional activities on the basis of their main economic function, product, service or technology.
Long Term Training	Long-term skilling means any vocational training program undertaken for a year and above.
	https://ncvet.gov.in/sites/default/files/NCVET.pdf